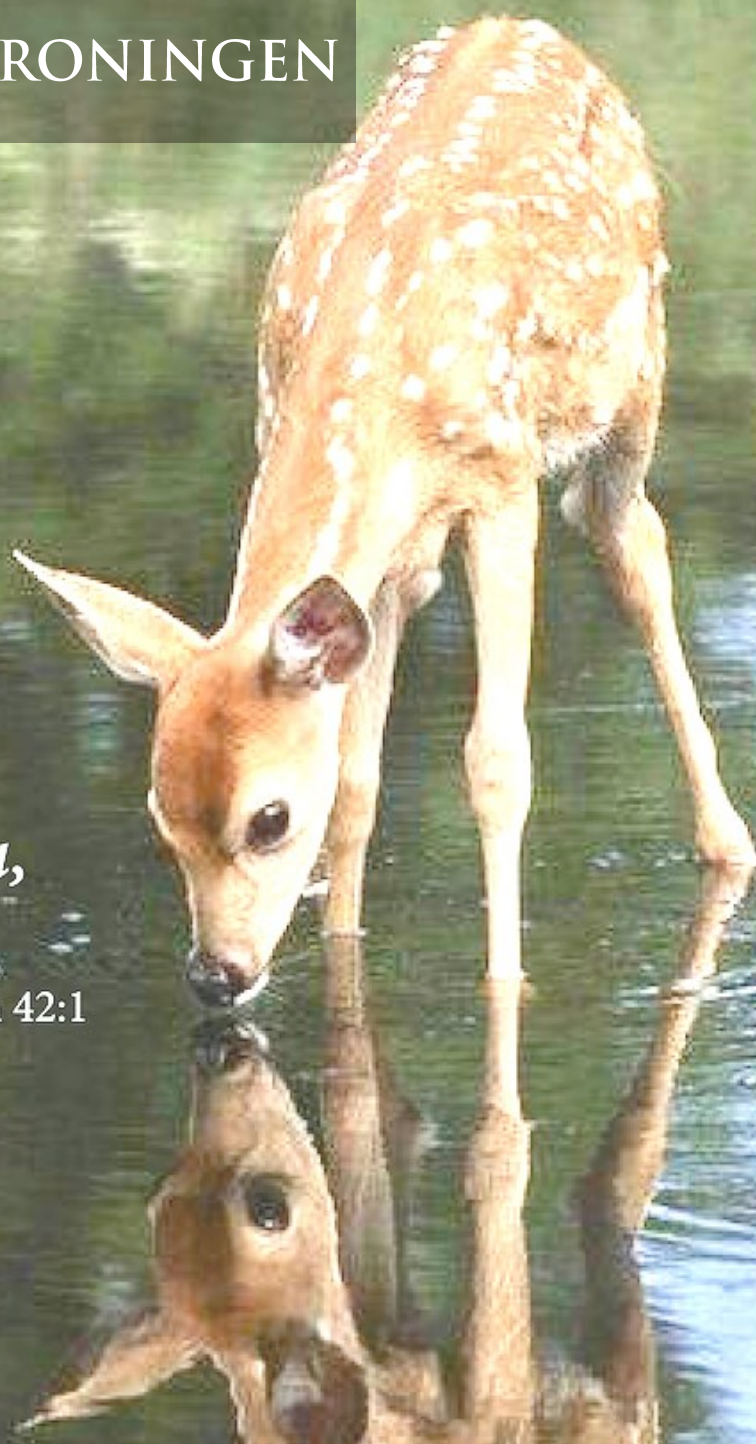


HOLY TRINITY UTRECHT  
ALL SAINTS AMERSFOORT  
ANGLICAN CHURCH ZWOLLE  
GRACE CHURCH GRONINGEN

MARCH  
2018

*As the deer  
pants  
for the water,  
so my soul  
longs after you,  
my God.*

Psalm 42:1



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# NEWSLETTER MARCH 2018



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If you have contributions for the next Newsletter we need to receive them by the middle (15<sup>th</sup>) of the previous month.

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*If you would like to make a contribution to support the work of our churches:*

### **Holy Trinity Utrecht**

General Giving: NL84INGB0000132950 – tnv Holy Trinity Anglican Church Utrecht

Charitable Giving: NL92TRIO0197723861 – tnv Holy Trinity Anglican Church Utrecht

### **All Saints' Amersfoort**

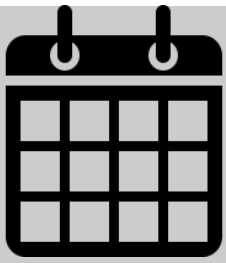
General Giving: NL40 ABNA 0247 6170 75 - tnv All Saints Church Amersfoort

Charitable Giving: NL31 ABNA 0247 6173 34 - tnv All Saints Church Amersfoort

### **Anglican Church Zwolle**

General Giving: NL02 INGB 0007 2290 06 - tnv English Church Zwolle

**Grace Church Groningen** Contact: Dirk Nederven: treasurer@gracechurchgroningen.com



## EVENTS COMING UP 2018

FOR WORSHIP SERVICES SEE PAGE 22-23

- Every Friday 10-11:30 AM Playgroup for parents with children (ages 0-5) at the Parsonage (HTC). Contact: Ineke Cornet at [playgroup utrecht@gmail.com](mailto:playgroup utrecht@gmail.com)
- **March 10th, Confirmation service** at Heilig Kruis Kerk Amersfoort, 3:30 PM  
God willing, the Rt Rev Norman Banks will be coming to lead a confirmation service in our chaplaincy at 3:30pm on Saturday 10 March AD 2018. Location: Heilig Kruis Kerk, Liendertseweg 46, 3814 PL Amersfoort.  
See page 13 for more information
- 18 March. Prayer for the “gemeenteraadsverkiezingen Utrecht” at the Oecumenical chapel in the Stiltecentrum in Hoog Catharijne (Godebaldkwartier 74). Starts 7 PM.
- 18 March. Anglican church Zwolle organises evensong by choir Anthem, at the Lutheran church at Koestraat 2. Starts at 4 PM. See page 11 for more information.
- Dates t.b.a., CrossFit Men’s group. For information, contact Peter Gillies. See January Newsletter
- April 3. Easter Music Concert in Amersfoort. See page 10.
- April 15. Jom Hashoah remembrance. See page 12.
- August 2018: Pilgrimage to Our Lady of Walsingham Shrine. See page 17

## BIBLE STUDY GROUPS UTRECHT

- Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 20:00 in the parsonage (door open 19:45)
- Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 10:00 - 12:00; Kloostertuin 15, 3994 ZJ Houten. Contact: Susette Fink-Jensen
- The ‘Betuwe Bible Study Group’: Waalbandijk 48, 4175 AC Haaften.  
Contact: Isabel & Hans Baars, 0418 592525.

## BIBLE STUDY GROUPS GRONINGEN

- Tuesdays (fortnightly) at 19:00 and at other times: **Grace Housegroup Bible Studies**. For information, contact Dragos Stefanescu at [dragos.stef@gmail.com](mailto:dragos.stef@gmail.com).
- Fridays at 15:30 (during term): **Prayer Group**, place each week t.b.a on Facebook group page.



# CHAPLAIN'S LETTER - LENT



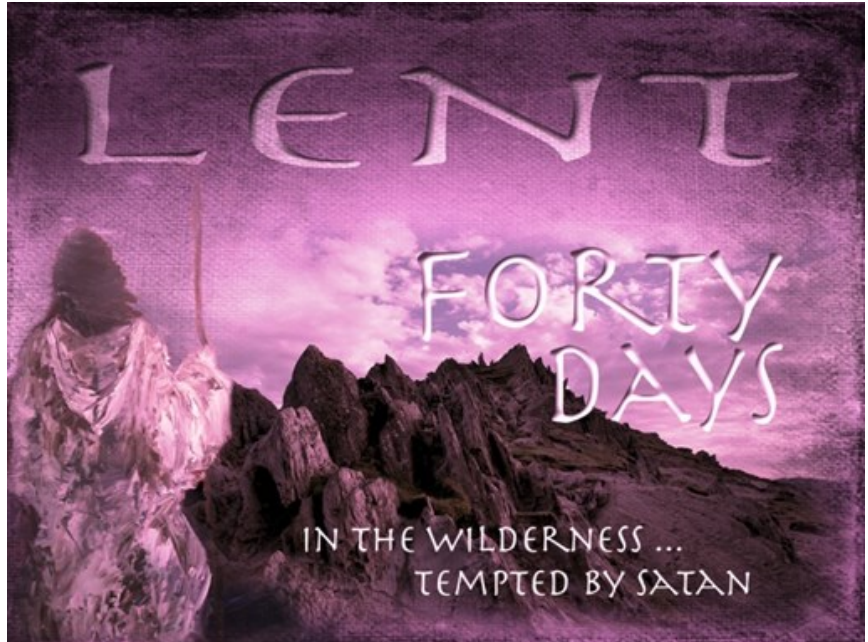
*This month's Chaplain's Letter was written by the Rev. Grant Growe, Amersfoort Chaplain*

"Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil." (Luke 4:1-2a).

In Church History, Lent may have followed Epiphany, just as Jesus time in the wilderness followed immediately after his baptism. But soon this period of Lent became attached to Easter. Easter was, originally, the principle occasion to be baptised and for the reconciliation of those who have been excluded from the fellowship of the Church due to apostasy or serious faults. As these individuals reflected, prepared, study, repented, the wider Christian community was invited to likewise. This history explains and illustrates the main foci of Lent - self examination, penitence, self-denial (often through some form of fasting), study, reflection on financial giving, and of course, preparing for Easter. A time of spiritual endeavour.

What is the goal of this endeavour during our Lent? Metropolitan Anthony (Bloom) of Sourozh of the Russian Orthodox Church wrote:

*"Contrary to what many may think or feel, a period of spiritual endeavour (during Lent, perhaps, or while taking part in a retreat), is a time of joy because it is a*



*time for coming home, a period when we can come back to life. It should be a time when we shake off all that is worn and dead in us in order to become able to live, and to live with all the vastness, all the depth, and all the intensity to which we are called."*

Metropolitan Anthony's words are worth taking time to reflect upon. We recall what the Lord Jesus said in John 10: *'The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full'* (v10). Our Lenten activities are not done from merely from perspective of burden or something we 'ought to do'. But with a much greater horizon and vision. Our disciplines are to help us *come home*, to *shake off* what has become *dead or worn* in us, to enter further into the *fullness of life* for which Christ came. And we do our disciplines,

confident the Lord wants us to experience such fullness.

This is reflected within the words of Luke 15:v11-32, which while known as Prodigal Son can also be called the Story of the Welcoming Father, as well as the Story of the Lost Sons (there are two sons in this parable). For some, Lent is an important time to recognise how they have left the Father's house, to come to their senses where they are now at, and to make that choice to return home. To come home, knowing they will be welcomed. For some however, the elder son is where they are now. Somehow, the relationship with God has been dulled, become hardened into something which was not the Father's intent for us. They have become lost internally even though externally nothing seems to have changed. For them too, they need to come home again...

There are many ways, books and resources to help us in our journey to growing fullness this Lent. Here is just one suggestion. It may be something to use in one day or across a number of days. It mainly requires of us, that most valuable of commodities - time. It has three sections.

As stated earlier, forgiveness is a theme of Lent. In the church tradition, forgiveness was shown and known by those being baptised, as they declared their embracing of the good news of Christ through public baptism. And Lent of course, in preparing us for Easter, focuses us upon the cost of forgiveness, through the Cross.

*Forgiveness.* We take time, in prayer, to recall the riches of God's kindness and love. And we invite the Lord to show us, those to whom we have not extended the same kindness and love, those who have hurt us and whom we need to forgive... And as people come to mind, as we take time to reflect, we remember what we need to forgive. When we are ready, we bring these individuals to God in prayer - saying in his presence, that we choose to forgive that person for what they said, did, or didn't do which hurt us, and that we choose no longer to hold onto resentment and any desire for revenge. And we ask the Lord to bring further healing into our wounds. Forgiveness is always difficult for wounds are deep and painful. For some we are not able yet to forgive in such a way. But that can be also part of our prayer - to acknowledge before God, that at this stage, you cannot forgive, but you ask his help and strength and love to be able come to a place where you can forgive. This will all take time, and the grace and help of the Lord through his Spirit.

*Sin.* We naturally reflect when we approach Sunday worship and within the service upon our following of Christ. It is suggested to take an extended time to reflect, and to invite us, as David prayed: *"Search me and know my heart, test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting."* (Psalm 139:v23-24).

The Lord Jesus lists in Mark 7:v21-23 a list of sins. Paul lists another set in Galatians 5:v19-20. To take some time to

## CHAPLAIN'S LETTER - CONTINUED

read and reflect slowly upon the issues shared and to invite the Lord to show us where we have fallen into these sins - once, a number of times, perhaps in action, perhaps only in mind. And in that setting to also read 1 John 1:v5-10. These words of John challenge us to reflect in the Lord's presence - as he warns us that we can think we are fine when we are not. But also we reflect, confident of the promise that John shares - that the Lord forgives all who repent and purifies us from unrighteousness. To draw us back into fullness of life.

Third and final. *Identity*. Lent can be all about where we need to change. Like the first son, (in Luke 15). Yet the second son had forgotten *where* he was, *who* he was and *who was* his father. So the third suggestion is to reflect upon: How you see yourself and how you see God the Father? Below, there are a set of statements 'Identity' about who we are 'In Christ' - as drawn from New Testament verses. Take time to read them - out loud is best. And to reflect upon which ones speak to your heart, and to take time to reflect upon the scripture that those words come from. Where it is encouraging, take time to rest in the Lord's presence and thank him. Where it is challenging, perhaps you are unable to quite accept it, to bring to the Lord your questions and invite him to help you grow in the confidence that this passage seeks to bring, to see yourself more as God the Father sees you. It is worthwhile that you would do this more

than once in Lent, reflecting upon these statements. Secondly, after reflecting upon how God the Father sees you, to then take time to reflect upon how you see *Him*. At times circumstance, life experience, the words of others, and other matters, have clouded the vision of God the Father. We see God in a way, which isn't as Scripture would suggest. So as we have done for 'Identity' we do the same exercise about our 'Father God'. We read out the words about God the Father and similarly reflect, pray, praise, embrace.

These are simply three suggested acts of reflection to weave into the remaining weeks of Lent. One reflection may resonate than another. Revd David and I are there to help where these reflections raise questions you would like to talk or pray further about.

But as Metropolitan Anthony reminds us, all our Lenten activity, let it be about returning to the home, restoring the joy, experience more of the fullness for which Christ came and for which he died and rose again.

We pray for the grace of God our Father and the Lord Jesus, to keep a faithful Lent *and* to have a fruitful Lent.

Revd Grant Crowe

# IN CHRIST



**I AM SIGNIFICANT** • Matthew 5:13,14 I am the salt and light of the earth. • John 15:1,5 I am a branch of the true vine, a channel of His life. • John 15:16 I have been chosen and appointed by God to bear fruit. • Acts 1:8 I am a personal witness of Christ. • 1 Corinthians 3:16 I am a temple of God. • 2 Corinthians 5:17-21 I am a minister of reconciliation for God. • 2 Corinthians 6:1 I am God's fellow worker. • Ephesians 2:6 I am seated with Christ in the heavenly realms. • Ephesians 2:10 I am God's workmanship, created for good works. • Ephesians 3:12 I may approach God with freedom and confidence. • Philippians 4:13 I can do all things through Christ who strengthens me!

**I AM SECURE** • Romans 8:1,2 I am free forever from condemnation. • Romans 8:28 I am assured that all things work together for good. • Romans 8:31-34 I am free from any condemning charges against me. • Romans 8:35-39 I cannot be separated from the love of God. • 2 Corinthians 1:21,22 I have been established, anointed and sealed by God. • Philippians 1:6 I am confident that the good work God has begun in me will be perfected. • Philippians 3:20 I am a citizen of heaven. • Colossians 3:3 I am hidden with Christ in God. • 2 Timothy 1:7 I have not been given a spirit of fear, but of power, love and a sound mind. • Hebrews 4:16 I can find grace and mercy to help in time of need. • 1 John 5:18 I am born of God and the evil one cannot touch me.

**I AM ACCEPTED** • John 1:12 I am God's child. • John 15:15 I am Christ's friend. • Romans 5:1 I have been justified. • 1 Corinthians 6:17 I am united with the Lord, and I am one spirit with Him. • 1 Corinthians 6:19,20 I have been bought with a price. I belong to God. • 1 Corinthians 12:27 I am a member of Christ's Body. • Ephesians 1:1 I am a saint, a holy one. • Ephesians 1:5 I have been adopted as God's child. • Ephesians 2:18 I have direct access to God through the Holy Spirit. • Colossians 1:14 I have been redeemed and forgiven for all my sins. • Colossians 2:10 I am complete in Christ.

# MY FATHER GOD



## I renounce the lie that my Father God is:

distant and uninterested in me.  
insensitive and uncaring.  
stern and demanding.  
passive and cold.  
absent or too busy for me.  
  
impatient, angry or never satisfied with what I do.  
  
mean, cruel or abusive.  
trying to take all the fun out of life.  
  
controlling or manipulative.  
  
condemning or unforgiving.  
  
nit-picking or a demanding perfectionist.

## I joyfully accept the truth that my Father God is:

intimate and involved (see Psalm 139:1-18).  
kind and compassionate (see Psalm 103:8-14).  
accepting and filled with joy and love (see Romans 15:7; Zephaniah 3:17).  
warm and affectionate (see Isaiah 40:11; Hosea 11:3,4).  
always with me and eager to be with me (see Hebrews 13:5; Jeremiah 31:20; Ezekiel 34:11-16).  
patient and slow to anger and delights in those who put their hope in His unfailing love (see Exodus 34:6; 2 Peter 3:9; Psalm 147:11).  
loving and gentle and protective (see Jeremiah 31:3; Isaiah 42:3; Psalm 18:2).  
trustworthy and wants to give me a full life; His will is good, perfect and acceptable for me (see Lamentations 3:22, 23; John 10:10; Romans 12:1,2).  
full of grace and mercy, and gives me freedom to fail (see Hebrews 4:15,16; Luke 15:11-16).  
tender-hearted and forgiving; His heart and arms are always open to me (see Psalm 130:1-4; Luke 15:17-24).  
committed to my growth and proud of me as His growing child (see Romans 8:28,29; Hebrews 12:5-11; 2 Corinthians 7:14).

**I am the apple of His eye!**



# BISHOP'S LENT APPEAL

## DIOCESE IN EUROPE

THE CHURCH  
OF ENGLAND

The Bishop in Europe:

**The Right Reverend Dr. Robert Innes**



This year, the Bishop's Lent Appeal hopes to aid the plight of unaccompanied child migrants in the Calais area. These youngsters have been reduced to sleeping rough in the open since the closure of the refugee camps last year. They are extremely vulnerable.

We hope two projects will benefit: Firstly, a safe house and outreach ministry to child migrants run by an Old Catholic monk – Br Johannes Maertens – who is a member of our congregation in Calais. The project is called Maria Skobtsova House, named after an Orthodox Saint and Martyr who took care of Russian refugees, migrants, the homeless and Jewish people in Paris during the last century. Brother Johannes asks us to help in the following words:

“As you have seen on social media the situation in Calais is getting tense and goes from worse to dramatic. It is estimated that around 600 refugees now live on the streets, parks and grasslands of Calais. The refugees are dependent on the local associations for a warm meal, clothes and sleeping bags. Refugees are often exposed to violence on the streets and their sleeping bags are taken by the police. One Eritrean refugee who speaks good French says he wants to leave France as

he doesn't feel safe anymore. ‘They treat us almost as if we are animals. I don't feel safe here.’”



“The average age of refugees is young to young adults, some boys are only 14 years old, and girls 16. These are very vulnerable to being trafficked as they are often unaccompanied minors. The police don't seem to distinguish between the adults and minors; they DO NOT guide the minors to the social services responsible for minors. We need an urgent Christian response to this inhumane situation.”

Secondly: In partnership with Canterbury Diocese and the USPG, we are recruiting a priest who will serve as Chaplain to the Pas-de-Calais congregations and as a refugee project officer to give pastoral support and assistance, liaising with the various NGOs and agencies present on the ground. So, the second purpose of the Appeal is to raise funds to help the new priest by having financial resources to hand to support small projects.



Being able to get out of the cold for a while and talk to a friendly face, to have help to understand the administrative system, to have help with language learning or other practical skills are all tasks that our fund could help with. Helping with these could make a world of difference to the lives of the stranded migrants in the Calais area.

Some facts: The plight of the many migrants from the horn of Africa and the Middle East, including many children without accompanying parents, who have ended up on the north coast of France is repeatedly in and then out of the news. When the news cameras move on elsewhere they do not cease to exist. If anything their plight is worse than when they are in the spotlight of media attention. The Calais Jungle Camp which was demolished in October 2016 may no longer be there, nor the official refugee camp which caught fire in Dunkirk, but the number of migrants subsisting in the surrounding area sleeping out under the trees or the stars has hardly changed. Valiant volunteers from France and Britain struggle to meet the most basic needs of these migrants (with generously donated food, clothing & blankets). But what they

and the migrants themselves are urgently seeking is human warmth and hope.

In the middle of 2017, a survey of unaccompanied minors who had been living in the area on average 7-9 months was undertaken. A fifth had been there for more than a year. More than 95% had experienced police brutality. 75% had been arrested and detained for varying periods of time. More than half had experienced being woken up in the middle of the night and moved on with nowhere to go. More than a third had family in the UK but the process of getting permission for reuniting with their family was causing long delays. Less than five percent had been given any access to information about asylum law.

**Please do consider how you can support my appeal.**

I wish you a holy and spiritually fulfilling Lent. You can give money to this appeal through your church treasurer, who will forward money to the diocesan office or email Nick Wraight, in the diocesan finance office.

+Robert Gibraltar in Europe



# ALL SAINTS AMERSFOORT NEWS



**A L L S A I N T S**  
ANGELICAN CHURCH AMERSFOORT

## **School Choir and Band Easter Music Concert in Amersfoort, on April 3rd 2018.**

Thomas Telford Academy - from Telford, in Shropshire England, will play a special concert on **Tuesday 3rd April** at St Ansfridus Kerk in Amersfoort. It starts at 8pm and will finish between 9.45pm and 10pm.

Revd Grant had good connections with Thomas Telford when he worked in the town of the same name. The Academy (age 11- 18), have a very good music department, as they performed pieces when the school year groups came to the church Revd Grant led. The senior choir (16-18 yrs old) in the past has performed at the Royal Albert Hall in London. The head of music - Gareth Howard - contacted Revd Grant to offer to come and perform in Amersfoort, as they spend the week on tour in the Netherlands.

They will bring a choir of maximum 60, and a band of around 35. They will lead two sections with a 15 minute break inbetween. The pieces will be a mixture of classic and contemporary (both secular and Christian) - more information will be shared as time gets nearer. It will be a high quality musical evening. It is a free event.

Ansfridus Kerk is located at Jacob Catslaan 28, 3818 WK Amersfoort.

Why not add this event into your diaries, and invite some people to come with you - it would be wonderful to see Ansfridus Church full!



# ALL SAINTS HOLY WEEK SERVICES

## **All in the Nieuwe Erven**

Palm Sunday - 25th March - Holy Communion at 9.30am.

Maundy Thursday Holy Communion - 29th March at 8pm

Good Friday 'Reflections on the Cross' - 8pm

Easter Sunday All Age Holy Communion. at 9.30am

# EVENSONG

V  
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G

The Anglican Church in Zwolle welcomes  
the choir **Anthem** to lead our  
**Evensong on Sunday 18th March at 4pm.**



**More information about ANTHEM, koor voor kerkmuziek**

ANTHEM was founded in 1979 at Zwolle. This choir is inspired by the tradition of the Anglican church and the choral works and arrangements of English composers. Anthem is well known for their Evensongs and Festivals of Nine Lessons and Carols. Anthem visits the United Kingdom regularly to get new inspiration and to sing in the many beautiful cathedrals across Britain.

*For more information: [www.anthem.nl](http://www.anthem.nl)*

The Anglican Church in Zwolle meets in the Lutheran Church at Koestraat 2, 8011 NK Zwolle. The Lutheran Church is located next to the Museum de Fundatie.

**Our Service will be in English. There will be  
refreshments served afterwards.**

**We look forward to welcoming you!**

*You can visit our church website on: <http://anglicanchurchzwolle.nl>*

DIOCESE IN EUROPE

THE CHURCH  
OF ENGLAND





## JOM HASHOAH HERDENKING

15 april a.s. is er de jaarlijkse herdenking van de Jom Hashosah.

Plaats en tijd als gewoonlijk: de voormalige synagoge, Springweg 162 Utrecht - aanvang 19.00 u.

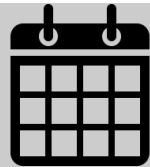
Herdenking is dan aan de orde, herdenking van deze onuitwisbare schande over onze cultuur en onze kerken: de planmatige moord op meer dan zes miljoen Joden tijdens de Tweede Wereldoorlog. Een verschrikking waar woorden tekort schieten als we kijken naar de slachtoffers en als we kijken naar de daders, naar hen die-opzij-keken.

Herdenking die niet begint bij deze open deur naar de hel: al eeuwenlang is het alsof in de talloze moordpartijen op Joden,

de gewetenloze plundering van hun bezittingen, er een effen pad is bereid naar de Shoah. Herdenking die niet eindigt bij de gebeurtenissen tot aan de val van het Nazi-rijk; ook direct daarna zijn er Joden in Europa vermoord, leeggeplunderd, genegeerd. Herdenking die, al dan niet uitgesproken, stil wordt bij de bovenmenselijke veerkracht om zichzelf te blijven, dat wil zeggen te weten dat de Eeuwige met Israël een aparte relatie heeft.

Tijdens deze herdenking is Herman Woorts, hulpbisschop van het Aartsbisdom Utrecht, de spreker.

C.P. Bouman  
Kerk & Israël



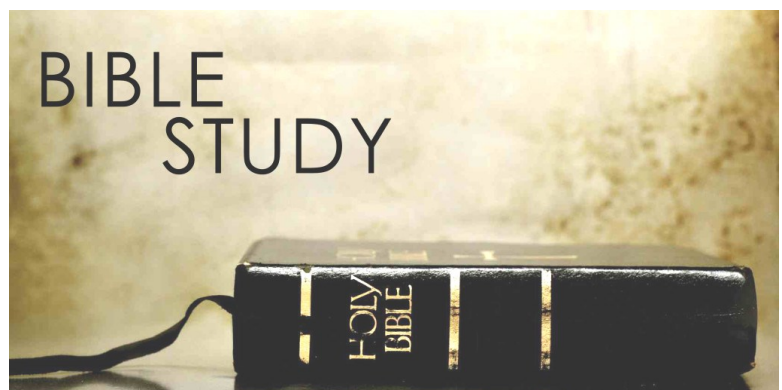
## BIBLESTUDY IN LENT

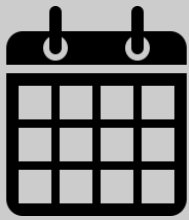
Faith, hope and love, this is the theme for the biblestudy in Lent in Utrecht on Tuesday evening.

It is a challenging theme that interacts with many facets of our daily life. The words are simple, faith, hope and love, but how to translate them into our daily life using the bible as the source. That what is all about. During lent there is every Tuesday evening at 8 PM a biblestudy except for holy week. You Are welcome in the flat, upstairs in the parsonage, Van Hogendorpstraat 126, Utrecht. The door is open at 7:45 PM. You are most welcome, even if you want to

follow only one evening.

There are also regular biblestudies in Houten, in De Betuwe and for students. Details you will find on the website and on the back of the Sundaybulletin.





# CONFIRMATION AD 2018

God willing, the Rt Rev Norman Banks will be coming to lead a confirmation service in our chaplaincy at 3:30pm on Saturday 10 March AD 2018.

Any who are interested in confirmation in Amersfoort or in Utrecht should contact Grant or David, respectively. They will let you know of precise dates for confirmation preparation beginning in mid January (7 sessions leading up to the Confirmation in March).

Preparing for Confirmation is an opportunity for questioning and learning. No aspect of the faith is “off-limits” to your sincere and honest enquiry as you prepare for Confirmation. The Chaplain, or fellow Christians who travel the same road, have the same needs and questions as you, will listen and teach as you prepare for Confirmation.

Confirmation is derived from the Latin word *confirmare*, which means “to strengthen.” Confirmation includes a public profession of the faith which, for those baptised as infants, was confessed by parents and God-parents at baptism. It is also a means of grace, a sacramental gift where the bishop prays while laying hands on each confirmand that he or she may be confirmed or strengthened by the gift of the Holy Spirit.

The Anglican Church administers confirmation in response to the example of the Apostles laying their hands on disciples of Christ and praying for the gift of the

Spirit (Acts 7.14-17) and New Testament teaching about the sealing or anointing of the Holy Spirit (Heb. 6:2, Eph. 1:13,14, 2 Cor. 1:21).



Our confirmation will be held at the Roman Catholic Church Heilig Kruis Kerk, Liendertseweg 46, 3814 PL Amersfoort.

This is a large church that can easily hold more than 300. So plenty of room for families and friends as well as members from the congregations in the chaplaincy. Certain amount of parking onsite.



# LONGING FOR GOD



*This contribution was written by Ruth Alkema*

*O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. Ps 63:1*

This is a translation of a text that I wrote earlier<sup>1</sup> (February 2016) in Dutch, for the congregation of the Jeruzalemkerk.

A long time ago I heard in the time before Easter a sermon in which Psalm 63 was quoted. Particularly verse 3: *Because your steadfast love is better than life, my lips will praise you.* I considered this, and thought it was quite nonsensical. I thought: “What point is there in having a God when you are not alive?” And honestly, I still think that it is humanly impossible to believe in God’s love, when in this life we do not receive what we need. That kind of faith is then an act of trust that goes against every natural feeling and common sense.

The saying that God is better than all else, is also far too often used as a platitude to numb the real pain that one feels over failed plans and unfulfilled longings. It is false to say that the things we longed for and didn’t get, were apparently not really good things. Precisely the purest desires hurt most when they remain unfulfilled. It is vitally important to be honest about that. Precisely when we feel the depth of this pain fully, can we (I believe) learn with how much love God wants to fill us. The

cautious attitude of trying to be open for the possibility that there is a way in which God is truly more, and in a true way will fulfill our deepest longings, is a leap in the dark, and the beginning of a long journey for which we need a lot of faith.

The sermon that I heard, was about the usefulness of fasting.<sup>2</sup> It was the first time that I heard an explanation on fasting that really helped me see the point of it. I had heard earlier that it was a great help for prayer, but that never worked for me. The hunger always distracted me enormously, so that I could not concentrate on prayer. But this preacher explained that this hunger is of course natural — to be expected — but we should use the hunger to remind ourselves of how much we really hunger for God. Normally we do not realize that so much. We are far too prone to fix our deepest desires with short-term solutions, and so we deprive ourselves. This new way of fasting: paying attention to the hunger, and realizing our dependence on God, does work for me. It symbolizes a letting go of the short-term

1. <http://www.consideringlilies.nl/verlangen-naar-god/>

2. It was a sermon by Fr. David in Lent or Pre-Lent 2014 if I remember correctly



earthly solutions, to make space for the deeper and richer fulfillment that God gives. This letting go of earthly pleasures is not just about food and drink, but anything we use to fool ourselves, and try to close our eyes to reality, not realizing that we then also close ourselves to God.

The daily news proves clearly that the world is full of suffering. We tend to feel so crushed by this that we are inclined to close our heart to the misery. We cannot live with that. We have two options. One:

close our heart to the misery. This seems easiest and doesn't hurt (us). Only I think it costs a lot more energy than we realize, and it damages our soul when we consciously decide not to use the eyes we have been given. But a second option is that we open our hearts and eyes *further*, so that we see beyond the visible reality also God's reality. This means accepting that God wants to perfect us through suffering; continuing to believe that God will fulfill his promises; taking our place in this broken world, not to

## LONING FOR GOD - CONTINUED

solve all suffering, but to be bearers of it. When we do this, we can be wholehearted intercessors in this world. By feeling the needs, we can bring them to God and give him space to bless us and the whole world.

The same can be said on the truth about ourselves: it may seem easier to quickly pass over our dark side, just think positive, let's keep a good atmosphere. But this also will get us to numb ourselves in a way we won't be able to keep up. It is damaging for ourselves and for true relations with the people around us. Unfortunately, the truth about ourselves is much harder to see than the news. Two things have helped me in this. First: the becoming still before God, on which I wrote earlier.<sup>3</sup> Second: the studying of what the ancient Church Fathers wrote about virtues and vices. A book that explains it well is *Glittering Vices*<sup>4</sup> by Rebekka Konyndyk DeYoung. She describes the seven vices with their symptoms, together with practical tips on how to fight them, based on teachings of the Desert Fathers.<sup>5</sup> Just one example: think about the sin of envy. "Jealous? Me?

No, of course not! That is more a sin for nasty people, and certainly I am not like that". But when you then read in that book, some of the symptoms, for example talking negatively about other people, you will suddenly notice that at times you do that. And then I will ask myself: "Hey, I am talking negatively, does that mean that I envy this person?", and by asking this question, I become aware that apparently at that moment I am concerned that my place is not safe.<sup>6</sup> Now, of course, the longing for a safe place is a valid and good desire. The point is only, that we need to learn to refrain from fulfilling that desire on our own, certainly not in a way that hurts others, and remain trusting that God truly gives us a safe place.

You may think the tone of my text is rather somber: some of you may know that I suffer from burnout symptoms. It may be that Perhaps it is precisely for this reason that I may be better able to put into words the pain of unfulfilled desires. But at the same time, I feel that more than ever I want to stick to the belief and promise that God wants to fill us with his fullness (see Eph. 3:16-21)

3. <http://www.consideringlilies.nl/on-prayer-and-quiet/>

4. <https://www.goodreads.com/book/show/6439321-glittering-vices>

5. [https://en.wikipedia.org/wiki/Desert\\_Fathers](https://en.wikipedia.org/wiki/Desert_Fathers)

6. This whole idea is worked out in more detail in this sermon on envy by Jonathan Fink-Jensen: <http://www.holytrinityutrecht.nl/sermons/envy/>



## PILGRIMAGE OUR LADY OF WALSINGHAM SHRINE

*This was sent in by Judy Miller*

### **Netherlands Deanery Pilgrimage to the Anglican Shrine of Our Lady of Walsingham 2018**

Following the successful Deanery Pilgrimages, Revd. Barry Birch is organising a Pilgrimage to Walsingham from Monday 13th to Friday 17th August. Previous pilgrims really enjoyed the time and were uplifted by the whole experience. For more information about the Shrine please visit the website:

[www.walsinghamanglican.org.uk](http://www.walsinghamanglican.org.uk)

Please contact Father Barry on [barrybirch@hotmail.com](mailto:barrybirch@hotmail.com) or 0702134042 as soon as you can if you are interested in joining us. He would like approximate numbers by 10th March.

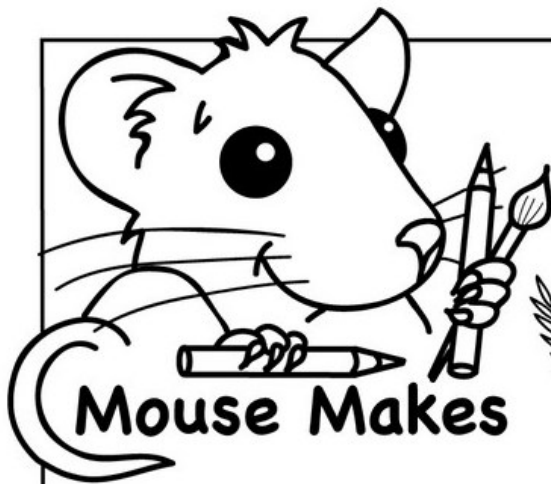
*Photo by Graham Howard. Source: [www.walsinghamanglican.org.uk/photo-gallery/](http://www.walsinghamanglican.org.uk/photo-gallery/)*



## VERKIEZINGEN IN DE GEEST VAN SINT MAARTEN (ONZE STADSPATROON).

Bid mee aan de vooravond van de gemeenteraadsverkiezingen voor een goede uitkomst, in de geest van Sint Maarten. Kom op zondagavond 18 maart om 19.00 uur naar de Oecumenische kapel in het Stiltecentrum in Hoog Catharijne (Godebaldkwartier 74). De gebedsviering vindt plaats onder auspiciën van de Utrechtse Stedelijke Raad van Kerken. Informatie en aanmeldingen (niet verplicht): [info@usrk.nl](mailto:info@usrk.nl)





## Journey to the Cross

Read the Bible - find the answers



**READ Matthew 21:1-11**

Where did Jesus stop on his journey? vs 1

What did Jesus send his disciples to get? vs 2

What did the crowd spread on the road in front of Jesus? vs 8

What did the people shout? vs 9

What city was Jesus going to? vs 10

**READ Matthew 26:17-75**

What festival did the disciples celebrate? vs 17

Which disciple denied Jesus? vs 34

Which disciple betrayed Jesus? vs 47

**READ Matthew 27**

When Jesus was taken to be crucified, what did the soldiers put on him? vs 28-29

What time did Jesus die? vs 45

Whose tomb was Jesus buried in? vs 57

**READ Matthew 28**

On the third day who rolled away the stone covering the tomb? vs 2

What had happened to Jesus? vs 6,7





# DRINKING FROM THE WELL OF LIFE

THESE READINGS ARE FROM THE REVISED TABLES OF LESSONS 1922

This pattern of readings is taken from the Book of Common Prayer (revised 1922). It leads us each year through most of the Old Testament once and the whole New Testament twice. The readings are longer than you might be used to, but just let them wash over you and shape your soul like a rock in a river that is gradually shaped by the current. If you miss a bit, just pick up on the present day's readings when you return. Or if it is too much, choose just the Old Testament or Gospel or Epistle readings. Grey highlighted boxes are special readings related to a day of Fasting or a Feast day, which we begin to celebrate the night before.

## SECOND SUNDAY IN LENT – FEBRUARY 26 TO MARCH 3

*Almighty God, who sees that we have no power of ourselves to help ourselves:*

*Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen*

	Morning Prayer		Evening Prayer	
Monday	Exodus 2:23-3 end	John 1:1-28	Exodus 4:1-23	Colossians 2:8—3:11
Tuesday	Exodus 4:27-6:1	John 1:29-end	Ex 6:2-13 & 7:1-7	Colossians 3:12—4:1
Wednesday	Exodus 7:8-end	John 2	Exodus 8:1-19	Colossians 4:2-end
Thursday	Exodus 8:20-9:12	John 3:1-21	Exodus 9:13-end	Philemon
Friday	Exodus 10:1-20	John 3:22-end	Ex 10:21—11 end	Ephesians 1
Saturday	Exodus 12:1-20	John 4:1-26	Exodus 12:21-36	Ephesians 2

## THIRD SUNDAY IN LENT – MARCH 5 TO 10

*WE beseech you, Almighty God, look upon the hearty desires of your humble servants, and stretch forth the right hand of your Majesty, to be our defence against all our enemies; through Jesus Christ our Lord. Amen.*

	Morning Prayer		Evening Prayer	
Monday	Exodus 12:37-end	John 4:27-end	Exodus 13:1-16	Ephesians 3
Tuesday	Ex.13:17-14:14	John 5:1-23	Exodus 14:15-end	Ephesians 4:1-16
Wednesday	Exodus 15:1-26	John 5:24-end	Exodus 15:27-16:35	Ephesians 4:17-30
Thursday	Exodus 17	John 6:1-21	Exodus 18	Ephesians 4:31-5:21
Friday	Exodus 19	John 6:22-40	Exodus 20:1-21	Ephesians 5:22—6:9
Saturday	Exodus 22:20—23:17	John 6:41-end	Exodus 23:18-end	Ephesians 6:10-end

## DAILY BIBLE READINGS - CONTINUED

### FOURTH SUNDAY IN LENT – MARCH 12 TO 17

*Grant, we beseech you, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of your grace may mercifully be relieved; through our Lord and Saviour Jesus Christ. Amen.*

	Morning Prayer		Evening Prayer	
Monday	Exodus 24	John 7:1-24	Exodus 25:1-22	1 Timothy 1:1-17
Tuesday	Exodus 28:1-4, 29-41	John 7:25-end	Ex. 29:38-30:16	1 Tim.1:18-2 end
Wednesday	Exodus 32	John 8:1-30	Exodus 33	1 Timothy 3
Thursday	Exodus 34	John 8:31-end	Exodus 35:20-36:7	1 Timothy 4
Friday	Exodus 40:17-end	John 9	Leviticus 6:8-end	1 Timothy 5
Saturday	Leviticus 19:1-18, 30-end	John 10:1-21	Leviticus 25:1-24	1 Timothy 6

### FIFTH SUNDAY IN LENT- MARCH 19 TO 24

*WE beseech you, Almighty God, mercifully to look upon your people: that by your great goodness they may be governed and preserved evermore, both in body and soul; through Jesus Christ our Lord. Amen.*

	Morning Prayer		Evening Prayer	
Monday	Numbers 6	John 10:22-end	Num 9:15-end & 10:29-end	Titus 1:1-2:8
Tuesday	Numbers 11:10-33	John 11:1-44	Num. 12	Titus 2:9--3 end
Wednesday	Numbers 13	John 11:45-end	Num. 14:1-25	2 Timothy 1
Thursday	Numbers 16:1-35	John 12:1-19	Num. 16:36--17 end	2 Timothy 2
Friday	Numbers 20	John 12:20-end	Num. 22:1-35	2 Timothy 3
Sat/Annunciation of our Lady	Num. 22:36-23:26	John 13	Genesis 3:1-15	Romans 5:12-21

## HOLY WEEK – MARCH 26 TO 31

*Almighty and everlasting God, who, of your tender love towards mankind, has sent your Son, our Saviour Jesus Christ, to take upon him our flesh, and to suffer death upon the cross, that all mankind should follow the example of his great humility: Mercifully grant, that we may both follow the example of his patience, and also be made partakers of his resurrection; through the same Jesus Christ our Lord. Amen.*

	Morning Prayer		Evening Prayer	
<i>Holy Monday</i>	Lamentations 1:1-12	John 14:1-14	Lamentation 3:1-42	John 14:15-end
<i>Holy Tuesday</i>	Isaiah 42:1-9	John 15:1-16	Wisdom 2:1, 12-end	John 15:17-end
<i>Holy Wednesday</i>	Numbers 21:4-9	John 16:1-15	Leviticus 16:2-24	John 16:16-end
<i>Maundy Thursday</i>	Exodus 24:1-11	John 17	Exodus 16:2-15	John 13:1-35
<i>Good Friday</i>	Genesis 22:1-18	John 18	Isaiah 52:13-53 end	John 19:31-end
<i>Holy Saturday</i>	Zechariah 9:9-12	Luke 23:50-end	Job 19:21-27	John 2:13-22

## EASTER WEEK – APRIL 1 TO 7

*Almighty God, who through your only-begotten Son Jesus Christ has overcome death, and opened to us the gate of everlasting life: We humbly beseech you, that as by your special grace you put into our minds good desires, so by your continual help we may bring the same to good effect; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, ever one God, world without end. Amen.*

	Morning Prayer		Evening Prayer	
<i>Easter Day</i>	Exodus 12:1-14	Revelations 1:4-18	Ex. 14:5-end	John 20:1-23
<i>Easter Mon</i>	Exodus 15:1-18	Luke 24:1-12	Isaiah 12	1 Peter 1:1-12
<i>Easter Tues</i>	Isaiah 25:1-9	Matthew 28:1-10	Isaiah 26:1-19	1 Peter 1:13-end
<i>Easter Wed</i>	Isaiah 61	John 21:1-14	S. of Sol. 2:8-end	Revelations 7:9-end
<i>Easter Thurs</i>	1 Kings 17:8-end	Mark 5:21-end	Daniel 12	1 Thess. 4:13-end
<i>Easter Friday</i>	2 Kings 4:8-37	Luke 7:11-17	Zeph 3:14-end	Acts 17:16-31
<i>Easter Sat</i>	Jeremiah 31:1-14	John 11:17-44	Micah 7:7-end	Acts 26:1-23



# WORSHIP IN MARCH

## ALL SAINTS' AMERSFOORT

Every Sunday: 9:30am Sung Holy Communion

**New location:** Nieuwe Erven, Heiligenbergerweg 144, 3816 AN Amersfoort  
(for midweek services and activities see: [www.allsaintsamersfoort.nl](http://www.allsaintsamersfoort.nl))

### **Holy Week (all in the Nieuwe Erven)**

Palm Sunday - 25th March - Holy Communion at 9.30am.

Maundy Thursday Holy Communion - 29th March at 8pm

Good Friday 'Reflections on the Cross' - 8pm

Easter Sunday All Age Holy Communion. at 9.30am

## ANGLICAN CHURCH ZWOLLE

4pm First Sunday (Holy Communion) and 4pm Third Sunday (Evensong)

## GRACE CHURCH GRONINGEN

10:30am 2nd Sunday (Service of the Word) and  
4th Sunday (Holy Communion) every Month

## HOLY TRINITY UTRECHT

*services are in English unless otherwise specified*

In addition to services mentioned on the opposite page, we have these regular midweek services:

Daily: Morning Prayer (Tues to Fri 8.00; Sat 9.00) and Evening Prayer (Tues to Fri 17.30; Sat 17.00)  
Weekly: Holy Communion (said) (Wednesday at 19.00)



# WORSHIP IN MARCH

## HOLY TRINITY UTRECHT

*services are in English unless otherwise specified*

Sunday 4th March	Third Sunday in Lent 10:30 All Age Worship - Sung Communion
Saturday 10th March	Baptism Confirmation and Holy Communion (The Rt Rev Norman Banks) 3:30pm at Heilige Kruiskerk, Liendertseweg 46, Amerfoort
Sunday 11th March	Fourth Sunday in Lent - Mothering Sunday (The Rt Rev Norman Banks) 9:00 Sung Communion (Dutch/English) 10:30 Choral Communion 14:30 Choral Evensong
Saturday 17th March	Evening Prayer and Praise - "They shall inherit the earth." 19:30 Service of the Word with Gospel Band
Sunday 18th March	Passion Sunday (the Fifth Sunday in Lent) 10:30 Choral Communion (with Prayer Ministry offered after the service)
Saturday 24th March	Eve of the Feast of the Annunciation 20:00 Holy Communion (said)
Sunday 25th March	Palm Sunday (the Sixth Sunday in Lent) 9:00 Sung Communion (Dutch liturgy/English sermon) 10:30 Choral Communion
Holy Monday 26 Mar	20:00 Compline with Meditation (Tjeerd Bijl)
Holy Tuesday 27 Mar	20:00 Compline with Meditation (Erik Heemskerk)
Holy Wednesday 28 Mar	20:00 Compline with Meditation (Ineke Cornet)
Maundy Thursday 29 Mar	20:00 Choral Communion with Foot-washing
Good Friday 30 Mar	9:00 Matins with Litany and Reproaches (Dutch) 20:00 Evening Prayer with Litany (English)
Holy Saturday 31 Mar	10:00 Morning Prayer (Dutch)
Saturday 31st March	EASTER VIGIL 20:30 Lighting New Fire & Choral Communion
Sunday 1st April	EASTER SUNDAY 10:30 Choral Communion (English)
Easter Monday 17th April	10:00 Choral Communion (Dutch liturgy/English sermon)
Easter Tuesday 18th April	10:00 Holy Communion (said in English)



# POEM



*This poem was written by Oeke Kruythof. English translation/transcreation by Jenny Narraway*

## Het meisje op perron zeven

In alle drukte zag ik haar  
daar op perron zeven  
ik wachtte op de trein  
mijn ergerlijk vertraagde trein  
van twintig over negen

het was de eerste winterdag  
zij stond precies in 't licht  
daar op perron zeven  
haar strik prikte vrolijk rood  
haar lach danste met het leven

met alles in zich was ze blij  
ik zag sterren in haar ogen  
ik bleef steken in mijn haast:  
onvoorwaardelijk stond zij  
daar de dag te loven

de volksmond heeft voor  
haar een naam  
een woordje in het klein  
de artsen spreken over genen  
en bepalen een syndroom  
maar ik weet één ding zeker:  
zoals zij daar stond en keek  
was zij die dag volmaakt  
geslaagd in 't leven –

daar op perron zeven

## The girl on platform seven

There she was  
between the crowds on platform  
seven

I was waiting for the train  
my very delayed train  
of twenty past nine  
it was the first day of winter  
she stood shining in the sunlight  
there on platform seven  
her ribbon glittered red  
her laugh danced with joyful life  
she was so happy with everything  
around her

I saw stars in her eyes  
I remained fixed in my haste  
she stood there with not a care in  
the world  
living for the day  
there is a colloquial expression for  
her

a simple word  
the medical world talks about genes  
that define a syndrome  
but there is one thing I know for sure  
as she stood there and looked  
that she has filled the day  
succeeded in life  
there on platform seven