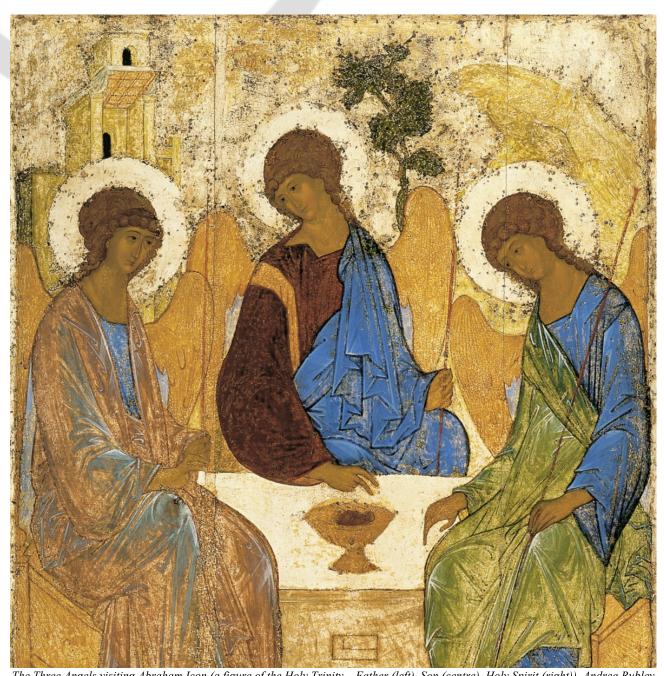
HOLY TRINITY UTRECHT ALL SAINTS AMERSFOORT ANGLICAN CHURCH ZWOLLE AND GRACE CHURCH GRONINGEN

June 2016



The Three Angels visiting Abraham Icon (a figure of the Holy Trinity – Father (left), Son (centre), Holy Spirit (right)), Andrea Rublev

June 2016 Newsletter

Newsletter Editor

Judy Miller
judymiller3@msn.com

If you have contributions for the next Newsletter we need to receive them by the middle (15th) of the previous month.



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If you would like to make a contribution to support the work of our churches:

Holy Trinity Utrecht and All Saints' Amersfoort

General Giving: NL84INGB0000132950 – tnv Holy Trinity Church Utrecht Charitable Giving: NL92TRIO019772361 – tnv Holy Trinity Anglican Church, Utrecht

Anglican Church Zwolle

General Giving: NL02 INGB 0007 2290 06 - tnv English Church Zwolle

Grace Church Groningen

Contact: Dirk Nederven: treasurer@gracechurchgroningen.com

June Events at a Glance

(for worship services see the last page)

4 June	Holy Trinity AWAY DAY!	below
5 June	GraceTALKs in Groningen All are welcome.	
9 June	Baptism (God willing) of Marieke Sybrandi and Juliette Gentenaar – more info about where soon.	
11 June	Learning to hear God's voice! 10-4pm at All Saints in Amersfoort – Contact Fr Grant or Danielle Los	p. 6
14 June	Bible Study 7:45pm Upstairs in the Parsonage	p. 11
17 June	Christian Classics Study Group – Julian of Norwich – (All welcome! see details in the article)	p. 7-8
18 June	Evening Prayer and Praise Utrecht – Series on the Sacraments – Fellowship in the Parsonage afterwards.	
25 June	Learning to hear God's voice! Teaching Day Heilige Geestkerk – Speak to Fr Grant or Danielle Los	p. 6

Holy Trinity Away Day 2016



Holy Trinity is having an Away Day! We've seen many people going with the church plant in Amersfoort. But many new people have since joined our weekly worship. It is time to get to know each other better and think about what we are about in Utrecht.

The theme is *being church together!* There will be a great program, including a bible study, a lunch and a special children's program. So please come, especially if you are new!

For who is it: For everybody who worships at Holy Trinity.

When: **Saturday June 4th**, we will start at 10am and finish around 4:30/5pm.

Where: Boerderij De Weistaar, Rottegatsteeg 6 in Maarsbergen

Bus: We have arranged a bus to drive from the church directly to the location and back. You can sign up for the bus by registering below.

Please register by May 21st, so we know how many people are coming. You can register by going to our website: holytrinityutrecht.nl. You can also register for other people.

Groningen Chaplain Reports on Prayer Walk



Walking in Prayer

Grace Church Groningen also answered the call of the Archbishops of Canterbury and York, with their 'Thy Kingdom Come' (see

thykingdom.co.uk) initiative, to devote the week before Pentecost to prayer. All church communities pray every week, but in this week we were invited to pray in special ways and places for the renewal of the God's Church and her witness to the world, all in preparation for the Feast of His Spirit.

So Grace Church offered a Prayer Walk around the center of our beautiful city. And several members, and also friends from the Old Catholic Parish, joined in.

This brief pilgrimage was shaped by the prayer Jesus gave us, 'The Lord's Prayer,' and the point of the exercise was not so much to be seen to be praying (though that happened, too), but *to see, in order to pray*. At each stage of our journey, we paused and observed





our surroundings, reflected on their significance in light of the Lord's Prayer, and committed ourselves, and the people of Groningen and the world to God in prayer.

'Our Father in Heaven': Standing by a local school in sight of the university hospital, we remembered we are all children of God, and in need of His care and nurture. We prayed for students and teachers, for patients, nurses and doctors,

for all the 'caring' professions and, of course, for parents and children and those who are alone

'Hallowed be your name': In the gardens of the monumental Martinikerk, whose tall tower points heavenward above the city, we reflected on the holiness and power of the God.

'Your Kingdom come': From the Groningen Provincial HQ via the Grote Markt and City Hall to the courtyard of the University's Academiegebouw, with its façade bearing a coat of arms citing Psalm 119:105 ('Thy Word is a lamp unto my feet'), we pondered places of power and influence, those who 'rule', and those under them, including the oppressed, and reflected on the need, not only for knowledge and the just use of power, but for a sincere and strong relationship faith in God, whose Kingdom is above all others.

'Give us today our daily bread': at the Korenbeurs (the old Grain Market), we thanked God for providing for us, and prayed for those in need.

THY KINGDOM COME

'Forgive us our sins as we forgive those who sin against us': At the back of the Aakerk, we laid stones symbolic of our sins before a stone cross, and then, laid sharp tacks (for our painful problems and people we needed to forgive) before the same cross.



'Lead us not into temptation': Passing by local bars and the red-light district, we prayed, using Ephesians 6, for God's strength against whatever temptations we face, and for freedom and justice for those who are addicted or used and/or abused by others.

'Yours is the kingdom, the power and the glory': We concluded our walk in the lovely Noorderplantsoen park, at a statue of a figure staring up in amazement, and we celebrated the



glimpses of God's glory we get from God's creation and in each other's company.

The Grace Groningen prayer walk was a special time together, and, we realized, worth repeating. It gave us fresh perspective, helping us to see ourselves, our city and our world in a new, more prayerful, and, we trust, more God-given way.

Yours in Christ, Sam
(the Rev Sam Van Leer,
Chaplain Grace Church)

Utrecht BMC (Building and Maintenance Committee)



We are a team of 4-6 people and our task is to keep maintenance works around Holy Trinity Church and the Parsonage on track.

We are looking for

someone to take on the the following tasks:

- i) liaising with builders, contractors and architects;
- ii) coordinating various maintenance activities for the parsonage and the church;
- iii) supervision (together with a member of BMC responsible for

that activity) of contractors/builders and other tradesmen.

The BMC meets approximately once every six weeks in the parsonage. Most meetings are held on Wednesdays, from 20.00hrs until about 22.00hrs.

If you are interested to come and reinforce the team, please contact 'Mamolepa Borgdorff at rood_aarde@hotmail.com or Adrian Los at adrian_los@yahoo.com.

We look forward to welcoming you on the team.

'Mamolepa Borgdorff

Teaching Days: Learning to Hear God's Voice!



All Saints is hosting for the Chaplaincy three days of teaching - in English on 'Learning to hear God's voice'.

It is a 6-part course, two sessions on each teaching day. Across the 6

sessions, we consider Jesus as a model for our life and our service in the church, and so we can learn from how *he* heard the

voice of God.

We will come to understand more about the gift of prophecy and to discern if God is speaking.

We will think about the benefits of hearing God speak – for us, and for others with whom we have contact. And we will consider other ways the Lord God can speak to his people.

These teaching days are not restricted to those

involved in or who would like to be involved in prayer ministry. But these days give important insights and tools for anyone who is a follower of Jesus Christ, and will also be of great use and value in prayer ministry.

The sessions will include talks from a DVD series and then there will opportunity for questions and group study, and time to pray together and to practice some of the teachings we've heard.

There are study manuals, but do please bring pens, a notepad, and a Bible.

The course materials are from the New Wine movement in the UK. They are in

the English language.

These days will be on three Saturdays: 28th of May, 11th of June and 25th of June.

We begin at 10am (arrive from 9.30 for coffee) and end by 4pm.

They'll be held at Mozartweg 54 - the Heilige Geestkerk.

Please bring your own lunch!

And if anyone would like to bake a cake or

something else.... that would be great.

Do let Grant Crowe or Danielle Los know, if you plan to attend. This is to help us with preparations.

Daniëlle Los



learning to hear God's voice

Sainte-Chapelle, Paris

Christian Classics Study Group – Julian of Norwich



Revelations of Divine Love

Our next Christian Classics Study Group is **Friday June 17 6:30-9:30pm** at the Holy Trinity Parsonage Hall in Utrecht. Lianne van der Veer and Esther van Ekris (above), from our Wednesday evening congregation and longtime fans of the works, will lead us in our discussion.

Revelations of Divine Love is a report of 16 intense spiritual showings as experienced by the then 30 year old Julian of Norwich. She experienced them within a few days and nights in May 1373 while being very ill, close to the point of death. As the title suggests, the revelations are about divine love, the heart of God. They transmit the feeling of being loved by God, as illustrated by the following quote;

'In God's endless love, our souls are kept whole; this is what all the showings demonstrated, this is what they each meant. In this endless love we are led, kept safe in God, and we will never be lost, for our safety is inherent in the moment and method of our creation. God wants us to be aware that our souls are alive, filled with life that shall endure without end, thanks to God's goodness and grace.'

(Chapter 53).

Soon after Julian recovered from her illness, she records a first short account of her experiences. The book we will be talking about is a six-fold longer recollection published 20 years after the showings. It is the oldest surviving book written in English by a woman. What makes it deeply significant is that Julian incorporates the results of 20 years of contemplation and reflection in this book. Her analysis supports the narrative of the visions, always considering the doctrinal and devotional implications.

Although a lot of thought went into writing this book, it is not academic in nature. She wrote in beautiful, but plain English. Many images she uses are rooted in everyday life. Some of her ideas are thought provoking (especially chapter 32 to 34 with



the memorable quote, 'all shall be well, all matter of things shall be well'). But she does not imply a theological dispute. She simply states that only God knows how the truth she perceived in the revelations go together with the truth the Church taught her. She rather asks her reader to powerfully, wisely and humbly look at God while reading this

book, because the visions where given for the benefit of us all (chapter 8).

We do not know much about Julian, as she does not reveal much about herself. Historical accounts do tell us that Julian was an anchoress. Anchoresses were women who spent their life in a small room that was directly attached to a church or abbey. The rule Julian probably lived by (the Ancrene Riwle, an anonymous guide for anchoresses written around 1200) prescribe a small room with three windows: One window to hear mass and receive holy communion; one for practical use; and one to the outside world. The third window provided daylight and the possibility to council people. In Julian's case, one of the women who called upon her was Margery Kempe (c.1373-1438), another English mystic, who mentions Julian in her book.

In preparation for the evening, you might want to read chapter 8, 9 and 66, as these chapters show how Julian herself viewed her showings. Chapter 19 to 22 are wonderful to read, as they focus on Jesus' sacrifice for us. But maybe you can just pray, open the book and read. This is what Julian asks of her readers. Turn to God,

open our heart and receive.

https://librivox.org/revelations-of-divine-love-by-julian-of-norwich/

This translation is outdated, and is a little less accessible to second language readers, but both text and an audio book are freely available.

https://www.amazon.nl/All-Shall-Well-Modern-Language-Revelation-ebook/dp/B005END4TC -

A very modern translation, that is very easy to read. It describes the choices the translator made very well.

https://www.amazon.nl/Complete-Julian-Norwich-Paraclete-English-ebook/dp/B009KWDLIC

An accessible translation with an excellent introduction. The typography helps understand the structure of the text.

We begin with dinner at 6:30pm, discussion 8 to 9:30, concluding with fellowship. All are most welcome!

PLEASE LET HANNA KNOW IF YOU'RE COMING SO WE CAN PLAN THE DINNER: office@holytrinityutrecht.nl&



Sheep in Ameland, January 2016

Angel

Here is this month's poem from Oeke Kruythof in Dutch, the English translation / transcreation is by Jenny Narraway.



Engel

Hoe beschrijf je een engel – is het een hij of een zij buitenaards of bovenaards door verblindend licht omgeven?

hoe het ook zij het liefst is mij de aardse engel die ik zonder haperen beschrijven kan:

de vriend die vreugde verdubbelt verdriet halveert de vriend van altijd en overal zonder mankeren zo bijzonder –

een engel

Angel

How would you describe an angel – is it a he or a she out of this world or floating somewhere just above the earth surrounded by a blinding light?

whatever others may say I now know for sure the angel is right here on earth

the friend who doubles happiness and halves the pain

the friend for all time and everywhere without a fault so special

The Prayer Chain Ministries

Our chaplaincy reaches out to God in prayer to hold up the chaplaincy and its members in particular need. We are offer this ministry both in Utrecht and Zwolle. If you have requests for the prayer chain, or if feel called be a part in this ministry of intercession, please contact:



Anne Miechielsen (left) organizes and participates in this ministry at Holy Trinity in Utrecht: anne@miechielsen.nl

Margreet de Roo (right) organizes and participates in this ministry at Zwolle Anglican Church: margreetderoo@gmail.com



If the truth were true

This contribution is from Ruth Alkema who contributes articles regularly both at Holy Trinity and Jerusalemkerk in Utrecht.



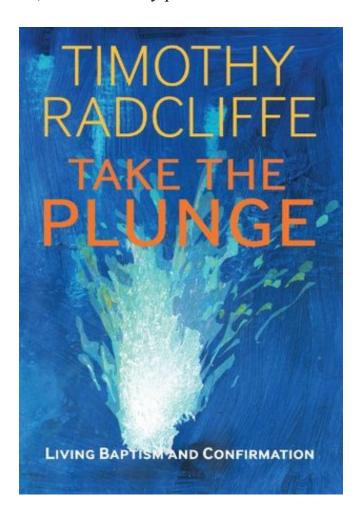
There's this wonderful sentence that has stuck in my mind recently: 'If the truth were true'. I read it in a book about the many gifts we

receive in baptism¹ and one chapter suggested that we should live as if we really believe the truth. This started me off thinking what I would do if the truth were true. I found it a joy to ponder this question. It really helps me throughout the day to remind myself of all the gifts that God has given me, and his continual support.

As always, one thought leads to another. This particular sentence of course first leads to the question 'But what is true?' And my first answer is: 'God loves me', which then of course immediately leads to the next question: 'What is love?'. Many books and songs have been written on that subject, so apparently that is really a very difficult question, yet I think we all have a pretty good idea of what love is. Just think of good examples of people who love you: they admire you, they lighten up when they see you, they accept you as you are, they help you if needed, and listen with an open interest in what you think. Also they believe in your qualities, and make you feel confident to try new things, and they still love you if you fail. This is just what first comes to mind for me, I am pretty sure there is a lot more to say on the topic. But it is useful to make the word 'love' a bit more concrete, so that we then know better what God also wants to be for us.

¹Take the plunge by Timothy Radcliffe

Another truth is that God created us. And not just that, but He created us in his image. Just think of how amazing that is: God created billions of people, and who knows how many angels, who all have an individual personality, and can say after him: 'I am'. This gives me a great sense of stability. Whatever happens, I am here, created by God in this very place and time, and even for eternity, and He has wanted me, and affirms my position.



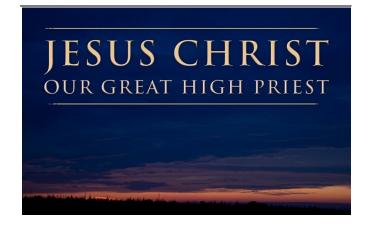
Then I started thinking about what it means to be like God (because we are created in his image). God said: 'Let there be light'. Can we do that? Er.. well, yes!? We can speak the truth, and clarify things, that is a way of bringing light. How about giving life? Just think of the effect that our attitude

can have on each other. If we feel welcome, we will flourish. So we can let others flourish by making them feel welcome, and being interested in that unique person.² Just try it out, and see what happens if you really listen to for example the chattering of your children or your grumpy neighbor. I assure you it is a joy to see how they will lighten up.

So this is what I've come up with so far. Due to the nature of this theme (and also due to a bit of an unexpected deadline) this text is very incomplete. But that is not at all a problem, I think it is just a great invitation to you all to step in, and also enjoy wondering during the coming summer what we would do if the truth were true.



June Bible Study in Utrecht



Tuesday June 14 will be the last Bible Study before the summer break. Finalizing our study about what our Lord Jesus Christ is doing in heaven for his Church on earth, we will study the High Priest in the Old Testament and the reference in the letter to the Hebrews about our Lord and High Priest Jesus Christ.

NB Everybody is welcome! Let us as Christians, as brothers and sisters in the Lord, have a fruitful growth in being Christ's Church!

The study starts at 20.00. Coffee or tea at 19.45, end time is 21.45.

During July and August we ask your prayers about the continuation in September. If you have suggestions for the approach, the day, the time, the place, the content etc. feel free to contact our chaplain or one of us.

We hope you have a blessed summer time and let us accept things to come, especially the Kingdom of God.

Danielle Los - 030 236 8572 Hans Baars, ebaars@planet.nl

² The opposite is unfortunately true too, I think this might be the reason why Jesus forbids us to call anyone a fool: discarding a person is really extremely harmful. See Matthew 5:22.

Amersfoort Christian Store with Much More

This article was submitted by Suzanne van Rossum from All Saints Amersfoort.



Dear fellow Christians,

I would like to introduce to you the last Christian Bookand Music Store Pelgrim Legacy Lifestyle in

Amersfoort. Our shop is situated on Het Masker 224-226 in the shopping centre of Emiclaer.

Together with eight other Pelgrim stores through the Netherlands we try to survive in a time where people buy their Christian things frequently on the big internet shops.



We believe that God has a plan with that last Christian shop in Amersfoort. Not only to supply books, cards, music and gifts but also as a place to share Gods love. In our shop people are welcome for coffee to talk about their problems and worries in live. It is a place to meet, to share one's burdens and for advice if needed. Once a young man visiting during the morning, looking for a certain book, he said. Actually he stayed for almost an hour to talk about his doubts and left with a smile on his face wondering if he was allowed to come again for a good conversation.

That is what we are for also, a safe place to talk about our Lord, our faith and our difficulties. A safe place to be honest about

thoughts and feelings, which could be difficult with relatives, people you do not like to hurt.

In our shop almost everybody is a volunteer. We are very thankful with so much help, freely offered for many hours a week. We are still looking for people to help with hours frequently. Did you ever consider doing work as a volunteer? Do you like Christian books, music, wish cards, DVD's and gifts? Would you like to work as hostess/host in an enthusiastic team?



For more information you can call Susanne van Rossum at 0629 076 888 or send your email to amersfoort@pelgrimonline.nl

If you cannot visit our shop we also have an internet shop www.pelgrimonline.nl where you can order your books, music and more. Our newest books are priced competitively with other online stores.

God will fulfil his plan in all things!

Susanne van Rossum.

AFTERNOON TEA organized by Holy Trinity Choir



Holy Trinity choir has been invited to a singing weekend (21st to 24th July) in Temple Balsall near Birmingham.

To ease the

travelling expenses they held an Afternoon Tea fundraiser on Saturday 21st May 2016. The choir members baked fabulous savoury and sweet foods and serenaded those who attended with song and poetry. Here are some pictures from the event.



If you missed the Tea but would like to make a contribution to the choir's upcoming trip, please send a donation to Holy Trinity Church (see the bottom of page 2) and make reference in the gift to the Holy Trinity Choir Trip.



Men's Evening Update

Peter Gillies has been instigating, organizing and inspiring a Men's Group – all men are most welcome from wherever you live in the chaplaincy (or beyond)



Last April we had another instructive and interesting Christian Men's Evening at the home of Bert and Henriette Meeuwsen.

Great evenings begin with great hospitality and thanks to them both for graciously inviting the whole crew of 14 men into their home. Marnix Lourens was the first to arrive followed closely by Andre van der Werk, Henry Miechielsen, Peter Boswijk, Jan Wever, Andrew Tucker, and Lodewijk Westerbeek. Later came David Philips and his friend visiting from the UK, George Westhaven, followed finally by Patrick Elenbaas and David Westerbeek – a point at which we all breathed a sigh of relief because they had brought the bread and potato chips!

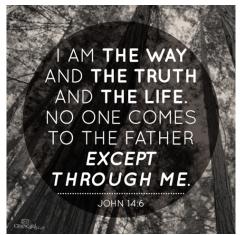
Then we got started and the theme was:

"How can Christians be so arrogant as to think that Christ is the only way to salvation?" The format was a debate between myself (the Atheist, for the evening) and Grant Crowe (the Christian). For those of you who are familiar with Richard Dawkins or Christopher Hitchens, the Atheist position would have

sounded familiarly aggressive, but those expecting a boxing match were disappointed. Instead, Grant practiced apologetic judo and showed just how effective a humble and calm approach can be even when faced with bloodthirsty Atheistic vitriol.

There were 15 minutes for each position to lay out their case – 10 minutes, or so, for rebuttal, and then about an hour of Q&A. Many people made very good points, but – if I may be so bold – we generally came down to three "lessons learned":

- 1) You don't have to be 'on the offensive' as a Christian, but we all can and should be more self-confident and open in the message we bring about Christ. It's a good one!
- 2) **Be prepared.** All you Boy Scouts and Girl Scouts out there will know this



one, but being able to help others answer their questions about Origin, Meaning, Morality, and Destiny is key to good evangelism.

3) Know who you are – know your style of speaking with others about Christ and use your strengths. Not all of us are comfortable in an

aggressive debate, some are better in a calm one-on-one, others teaching a Sunday school, some 'showing mercy' or preaching, still others helping the poor. In short, fulfill your obligations as a witness to others in a way that suits your particular God-given strengths. (Romans 12)

Perhaps it can all be summed up by Saint Peter, so we will give him the last word: "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect." (1 Peter 3:15-16)

Looking forward to seeing any and all men at our next meeting later this June – time and place to be announced on the website at Holy Trinity and in the Sunday bulletins in the coming weeks.





Photos from the confirmation by Madeleine de Boer

St Augustine on the Holy Spirit

We will have a regular column in future Newsletters with small excepts from important Christian writers through the ages, to share some of their thinking and to inspire our own reflections. This writing is from St Augustine's Treatise – On the Trinity, Bk XV, Ch. 17-18.

"We must now treat of the Holy Spirit, so far as by God's gift it is permitted to see Him. And the Holy Spirit, according to the Holy Scriptures, is neither of the Father alone, nor of the Son alone, but of both; and so intimates to us a mutual love, wherewith the Father and the Son reciprocally love one another." Scripture says that 'God is love' and so Augustine asks if the Father, the Son, the Holy Spirit or the Trinity is love.

"It is not to no purpose that in this Trinity the Son and none other is called the Word of God, and the Holy Spirit and none other the Gift of God, and God the Father alone is He from whom the Word is born, and from whom the Holy Spirit principally proceeds. And therefore I have added the word principally, because we find that the Holy Spirit proceeds from the Son also. But the Father gave the Son this too, not as to one already existing, and not yet having it; but whatever the Father gave to the only-begotten Word, He gave by begetting Him. Therefore the Father so begat the Son as that the common Gift should proceed from the Son also, and the Holy Spirit should be the Spirit of both.

"This distinction, then, of the inseparable Trinity is not to be merely accepted in passing, but to be carefully considered; for hence it was that the Word of God was specially called also the Wisdom of God, although both Father and Holy Spirit are wisdom. If, then, any one of the three is to be specially called Love, what more fitting than that it should be the Holy Spirit? — namely, that in that simple and highest

nature, substance should not be one thing and love another, but that substance itself should be love, and love itself should be substance, whether in the Father, or in the Son, or in the Holy Spirit; and yet that the Holy Spirit should be specially called Love."

Augustine continues with the contrast between special names and universal names for the Son and the Spirit. He shows from Scripture that St. Paul speaks of the Word of God especially as the Wisdom of God [e.g. 1 Cor 1:24] and it is "found by careful scrutiny of the language of John the Apostle" that the Holy Spirit is called Love. From the passage "And every one that loves is born of God, and knows God. He that loves not, knows not God of God is love" he deduces that "God of God is love" so it is either the Son or the Spirit as only the Father is not "of God." Augustine looks further at 1 John 4:

"Hereby know we that we dwell in Him, and He in us, because He has given us of His Spirit.' Therefore the Holy Spirit, of whom He has given us, makes us to abide in God, and Him in us; and this it is that love does. Therefore, He is the God that is love. Lastly, a little after, when he had repeated the same thing, and had said 'God is love,' he immediately subjoined, 'And whoever abides in love, abides in God, and God abides in him;' whence he had said above, 'Hereby we know that we abide in Him, and He in us, because He has given us of His Spirit.' The Holy Spirit therefore is signified, where we read that God is love. Therefore God the Holy Spirit, who

proceeds from the Father, when He has been given to a person, inflames him to the love of God and of his neighbor, and is Himself love."

Love is the best gift of God. All other gifts are useless without love. "Unless, therefore, the Holy Spirit is so far imparted to each, as to make him one who loves God and his neighbor, he is not removed from the left hand to the right [from condemnation to salvation]. Nor is the Spirit specially called the Gift, unless on account of love." Without love we cannot

enter the kingdom of God, we cannot have eternal life. Faith is only profitable by love; "faith that works by love"... "Love, therefore, which is of God and is God, is specially the Holy Spirit, by whom the love of God is shed abroad in our hearts [Rom 5:5], by which love the whole Trinity dwells in us. And therefore most rightly is the Holy Spirit, although He is God, called also the gift of God. And by that gift what else can properly be understood except love, which brings to God, and without which any other gift of God whatsoever does not bring to God?"



Students at an Alpha Away Weekend in Friesland March 2016



Students intensely focused at a Tolkien movie night



Friendly fellowship after the Baptism/Confirmation at All Saints, photo by Madeleine de Boer



THE SAINT & THE MONSTER

St Columba, whose feast day is 9th June, was born in Ireland and came to Scotland to be a 'pilgrim for Christ'. He founded a monastery on the island of Iona in 563. The monastery at Iona became a centre of learning and many missionaries were trained there. Columba carried the message of God's love throughout Scotland and monks from his monastery carried the message into England.

St Columba wrote a number of hymns and is said to have transcribed, or written out by hand, some 300 books in his lifetime.

And what has he got to do with a monster? Well, it wasn't the monster but a Loch Ness monster that was living in the River Ness. St Columba is said to have driven this away monster who was attacking a swimmer, with the sign of the cross and the words "Thou shalt go no further, nor touch the man; go back with all speed."

MONSTER MUNCHIES

75 g (3 oz) margarine
3 normal size Mars Bars
(thinly sliced)
3 large tea cups Rice Crispies
100 g (4 oz) chocolate cake
covering (melted)



Grease and line a swiss roll tin. In a heavy based saucepan, gently melt the margarine. Add the Mars Bar pieces and stir until no lumps are left.

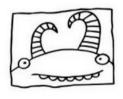
Take the pan off the heat and stir in the Rice Crispies – adding more if the mixture will take it. Spread the mixture in the tin and press it down evenly with the back of a spoon.

Cover with the melted chocolate and leave to set. Cut into 24 bars when cold – or cut into less



bars if you are feeding a very greedy monster!

How does a monster count to 17?



On it's fingers.

Drinking from the Well of Life

These readings are from The Revised Tables of Lessons 1922.

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.

2 Timothy 3:16

The Week of Trinity I – May 30 to June 4

O God, the strength of all those who put their trust in you, mercifully accept our prayers; and because through the weakness of our mortal nature, we can do no good thing without you, grant us the help of your grace, that in keeping of your commandments we may please you both in will and deed; through Jesus Christ our Lord. Amen.

	Morning Prayer		Evening Prayer	
Monday	1 Samuel 13	1 Peter 1:1-21	1 Samuel 14:1-23	Luke 2:40-end
Tuesday	1 Sam 14:24-48	1 Peter 1:22-2:10	1 Samuel 15	Luke 3:1-22
Wednesday	1 Samuel 16	1 Peter 2:11-3:7	1 Sam 17:1-30	Luke 4:1-30
Thursday	1 Sam 17:31-54	1 Peter 3:84:6	1 Sam 17:55-18:16	Luke 5:1-11
Friday	1 Samuel 19	1 Peter 4:7-end	1 Samuel 20:1-17	Mark 1:21-39
Saturday	1 Sam 20:18-end	1 Peter 5	1 Samuel 21:1-22:5	Mark 1:40-2:12

The Week of Trinity II – June 6 to 11

O LORD, you never fail to help and govern those whom you bring up in your stedfast fear and love: Keep us, we beseech you, under the protection of your good providence, and make us to have a perpetual fear and love of your holy Name; through Jesus Christ our Lord. Amen.

	Morning Prayer		Evening Prayer	
Monday	1 Sam 22:6-end	2 Peter 1	1 Samuel 23	Luke 5:27-end
Tuesday	1 Samuel 24	2 Peter 2	1 Samuel 25:2-42	Luke 6:1-19
Wednesday	1 Samuel 26	2 Peter 3	1 Samuel 28:3-end	Matt 5:1-16
Thursday	1 Samuel 31	Jude	2 Samuel 1	Matt 5:17-end
Friday	2 Samuel 2:1-3:1	1 John 1:12:6	2 Samuel 3:17-end	Matt 6:1-23
Saturday	2 Samuel 5	1 John 2:7-end	2 Samuel 6	Matt 7

The Week of Trinity III – June 13 to 18

O LORD, we beseech you mercifully to hear us; and grant that we, to whom you have given a hearty desire to pray, may by your mighty aid be defended and comforted in all dangers and adversities; through Jesus Christ our Lord. Amen.

	Morning Prayer		Evening Prayer	
Monday	2 Samuel 7	1 John 3:1-12	2 Samuel 9	Luke 7:1-17
Tuesday	2 Samuel 11	1 John 3:134:6	2 Samuel 12:1-23	Matt 11:2-end
Wednesday	2 Sam 13:38-14:24	1 John 4:7-end	2 Sam 14:25-15:12	Luke 7:36-8:3
Thursday	2 Sam 15:13-end	1 John 5	2 Samuel 16:1-19	Matt 12:22-end
Friday	2 Samuel 17:1-23	2 John	2 Sam 17:24-18:18	Matt 13:1-23
Saturday	2 Sam 18:19-end	3 John	2 Samuel 19:1-23	Matt 13:24-43

The Week of Trinity IV – June 20 to 25

O GOD, the protector of all that trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, you being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal: Grant this, O heavenly Father, for Jesus Christ's sake our Lord. Amen.

	Morning Prayer		Evening Prayer	
Monday	2 Sam. 19:24-end	1 Thess. 1	2 Sam 23:1-17	Matt 13:44-end
Tuesday	2 Sam. 24	1 Thess. 2:1-17	1 Kings 1:5-31	Mark 4:35-5:20
Wednesday	1 Kings 1:32-end	1 Thess. 2:18-3end	1 Chron 22:2-end	Mark 5:21-end
Thursday	1 Chron. 28:1-10	1 Thess. 4:1-12	1 Chr 28:20-29:9	Matt 9:27-10:23
Friday	1 Chron 29:10-end	1 Thess. 4:13-5:11	1 Kings 3	Matt 10:24-end
Saturday	1 Kings 4:21-end	1 Thess. 5:12-end	1 Kings 5	Mark 6:7-44

The Week of Trinity V – June 27 to July 2

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. Amen.

	Morning Prayer		Evening Prayer	
Monday	1 Kings 6:1-14	2 Thessalonians 1	1 Kings 8:1-21	Matt 14:22-end
Tuesday	1 Kings 8:22-53	2 Thess. 2	1 Kings 8:54—9:9	Mark 8:1-26
Wednesday	1 Kings 10	2 Thess. 3	1 Kings 11:1-13	Matt 16:13-end
Thursday	1 Kings 11:26-end	Galatians 1	1 Kings 12:1-24	Matt 17
Friday	1 Kings 12:25-13:10	Galatians 2	1 Kings 13:11-end	Mark 9:33-end
Saturday	1 Kings 14:1-20	Galatians 3	2 Chronicles 12	Matt 18:12-end

WORSHIP IN June

All Saints' Amersfoort

Every Sunday at 9:30am (Holy Communion every Sunday except 5th Sunday is Morning Prayer)
8pm Thursday night (Holy Communion or Prayer service)

at Heilige Geestkerk, Mozartweg 54, Amersfoort (www.allsaintsamersfoort.nl)

Anglican Church Zwolle

4pm 1st and 5th Sunday (Holy Communion) and 3rd Sunday (Evensong) every Month at the Lutherskerk, Koestraat 2-4, 8011 NK, Zwolle (www.anglicanchurchzwolle.nl)

Grace Church Groningen

10:30am 2nd Sunday (Service of the Word) and 4th Sunday (Holy Communion) every Month at the Oud-Katholieke Kerk, Witte de Withstraat 2, 9726 EC Groningen (www.gracechurchgroningen.nl)

Holy Trinity Utrecht

Services are in English unless otherwise specified. Van Limburg Stierumplein, 3581 KE, Utrecht.

9:00 Said Holy Communion

11:00 All Age Worship - Sung Communion

20:00 Holy Communion

Sunday 12th June **Trinity III**

9:00 Sung Communion (Dutch/Eng)

11:00 Sung Communion 14:30 Choral Evensong

Saturday 18th June **Evening Prayer and Praise**

19:30 Service of the Word with Gospel Band

Sunday 19th June **Trinity IV**

9:00 Said Holy Communion (Dutch/Eng)

11:00 Choral Communion

Friday 24th June The Feast of the Nativity of St John the Baptist

20:00 Holy Communion

Sunday 26th June **Trinity V**

9:00 Sung Communion (Dutch/Eng)

11:00 Choral Communion

Wednesday 29th June The Feast of Sts Peter and Paul

19:00 Holy Communion

In addition to the above services, we have these regular midweek services:

Daily: Morning Prayer (Tuesday to Friday 8.00; Saturday 9.00) and

Evening Prayer (Tuesday to Friday 17.30; Saturday 17:00)

Weekly: Holy Communion (said) (Wednesday at 19.00)