HOLY TRINITY CHURCH UTRECHT AND ANGLICAN CHURCH ZWOLLE

February 2015



THE PRESENTATION OF CHRIST IN THE TEMPLE (DETAIL) - REMBRANDT

February 2015 Newsletter

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Chaplain's Letter

Dear Friends in Christ:



You will probably have heard by now that on January 21, our Chaplaincy Church Council members present voted unanimously that we take the necessary steps to plant a new church in Amersfoort.

Amersfoort

A newly formed Selection Committee will soon advertise for a full time chaplain to lead in establishing and building up a new congregation in Amersfoort. We hope to have interviews in March if possible. If the right candidate is found, we hope the new chaplain could begin by September.

A Task force has been formed of people from Amersfoort. They have been having discussions with individuals who now live in Amersfoort over the past month to test the interest. Now that a decision has been made to go ahead, they will be following up. They hope to meet in the coming month with those who have expressed an interest in participating in this new mission endeavour. They are planning meetings with Mark Collinson from Christ Church Amsterdam Chaplaincy and with Sam van Leer from Groningen, to learn from them and discuss their experiences in church planting. They are thinking about possible church buildings that could be rented for the new congregation.

Utrecht

Holy Trinity Utrecht will also need to reflect on how to respond to the changes in our congregation as some of its members leave to begin this new church. Some concerns have been expressed about that impact: what will it mean for the Sunday school and for our music ministries? what will it be like to have fewer numbers at our 11am services? should we continue with the 9am services on the 1st, 3rd and 5th Sundays? who will take the place of those who are currently helping out in various ways in Utrecht? Mark Collinson has suggested that the remaining congregation is also in need of a kind of "re-planting" and so we may form a Task force for Utrecht to reflect on this for the benefit of the Council.

Zwolle

The Anglican Church Zwolle is also going through a time of re-invigoration and reflection on its ministry. In January a meeting was held of several individuals interested in seeing us be more mission minded. We discussed various aspects of our ministry: worship; pastoral care; opportunities for teaching and fellowship outside of Sunday worship; a communications strategy including making ourselves more visible in very practical ways; and beginning to think about outreach. We are thinking about forming of a choir! The tasks involved in the running of the church have been better distributed so that the burdens and joys are being shared.

It is an exciting time and I would ask your continued prayers for these new mission ventures for us all. Let us keep our eyes on God and pray that these new initiatives will bear fruit abundantly to His glory.
In the love of Jesus,

David

Bishop's Lent Appeal 2015

Our Diocesan Bishop Robert Innes has written the following appeal which we will plan to support through the blue bag offerings at Sunday services during Lent.



Earlier this month travelled to Athens. During had stay Ι the opportunity to visit two detention centres on the outskirts of the city where irregular migrants are held. One of the centres is a dedicated facility unaccompanied minors. The

other is an adult prison, with a sector set aside for unaccompanied minors. The young people I met were mainly from Afghanistan and Pakistan; some were from the Middle East and a few were from Africa

What these youngsters have in common is that they have all fled, for good reason, from their home countries. They are not criminals. But they are being held in prison conditions, for periods of 18 months or more. The conditions, particularly at the adult prison, were appalling. The children were kept in containers surrounded by gravel and razor wire. They lacked proper shoes. They had no entertainment – not even a football. They looked thin and some were evidently traumatised. I was truly shocked that, in modern Europe, children are being kept in these kinds of conditions.

This situation contravenes the basic rights of the child. But, of course, Greece has no money and migrants are at the bottom of the pile. Children are put in detention centres because there is nowhere else for them to go.

The Greek Orthodox Church is doing what it can to provide assistance. In particular, they have set up and are operating a reception centre for unaccompanied refugee minors.

My appeal for Lent 2015 is therefore devoted to "Hestia", (meaning "Home") a

hostel for unaccompanied minor refugees in Athens.

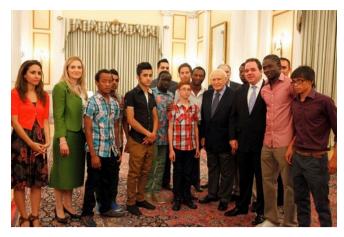
"Apostoli", a social action charity operating under the auspices of the Greek Orthodox Church offers Hestia as a safe place for unaccompanied children and young adolescents. The Hostel can accommodate up to 20 residents. Since its foundation, in 2012, it has supported more than 100 children and young people. It currently looks after children from Syria, Palestine, Afghanistan, Pakistan, Gambia and Guinea



As well as food and lodging, the Hostel provides basic social and health care services. Young refugees also benefit from activities aimed at their social integration, such as schooling, occupational therapy, participation in several educational and cultural activities and basic training in the Greek language.

The cost of running the hostel is 25,000euros per month. The hostel is supported by various partners and by an EU programme. However, there are difficulties in sustaining the continuity of some funding streams. So extra funding is urgently needed.

The Greek Orthodox Church greatly values its partnership with the Anglican Church.



Some of the young people of Hestia with H.E. The President of the Hellenic Republic, Mr Karolos Papoulias, at the Presidential Palace.

I hope we can make this partnership real, through offering some sponsorship of Apostoli's 'Hestia' hostel.

Please do consider this project for your charitable giving and/or bring it to the attention of your mission committee.

This is a very practical way in which our diocese can come to the aid of some of the most vulnerable children in Europe. Money collected for the Lent Appeal should be sent, as usual, to the Diocesan Office.

With every blessing,

+ Kobert Gibraltor in L

Newly Formed Zwolle Anglican Church Leadership Team



David Phillips, Janie McCloughin, John Murphy, Margreet de Roo, Frances Murphy, and Cecilia Koppenrade-Johnson. Missing from the photo are Brian Veltman and Adriaan de Toit.

As noted in the Chaplain's Letter (p. 3), Zwolle has formed a leadership team to be more mission-minded.

Some of the concrete decisions made at the first meeting include:

- Having two Holy Communion services each month rather than monthly Holy Communion and Evening Prayer. We are considering the possibility of having Evening Prayer in future on the 5th Sundays of the month;
- We are exploring setting up a Local Contacts ministry, as in Utrecht, to help in overseeing the pastoral needs of those in the Zwolle region, and lay visitation;

- We have thought about midweek Bible study and invited a special speaker to come for an evening series this Autumn on Christian Art;
- We will look at better signage for the exterior of the church and the use temporary placard signs for the streets on both entrances to the church;
- We will reflect on ways to improve our financial stewardship.
- There is interest in a new choir!

Please pray for growth and for those who have taken on new responsibilities to enhance our Christian witness in Zwolle and the surrounding region.

NEW COOKING GROUP LAUNCHED!

Debby van Rotterdam has asked me to include this article in the newsletter to encourage folk to join her and Sheila Kooijman in a cookery fellowship group.



At the away day last year council members discussed all kinds of topics. One of which was fellowship and outreach. For some reason the

discussion in one of the small groups was quickly triggered by the words food, cooking, and dinner. It was not a giant leap to propose starting a cooking group. So here we are: We hereby present to you the possibility of JOINING THE COOKING GROUP! No you don't *have* to cook! You can also help out by organising or by participating. It is all about fellowship and outreach, aaah... and you might get to make and/or eat a lovely meal as a bonus.

In this context FELLOWSHIP aims at getting to know each other better. Maybe the lady you sat next to in church last Sunday is a passionate tango dancer, or the man you sat next to the week before went to do voluntary work in an orphanage in Ethiopia with his daughter, or the person you may speak with during dinner has something he would like you to pray for.

OUTREACH may include asking a friend to join you for the dinner. It may also include dinners that have been specially organized to also invite a certain target group. For instance, the charitable giving (blue bag collection) is partly used to support the Christian Union (CU) which is a student group for international students in Utrecht. It is proposed that the CU



should be invited to one of the first meals cooked by the cooking group so that members of Holy Trinity may get to know members of CU and what they stand for as an extra dimension to donating money.

Would YOU like to join? Would you like to share your cooking skills? Do you want to enjoy these cooking skills? Do you want to help organise? Are you full of ideas that may contribute? Please contact us!



 $Email\ address: debbylos@yahoo.com$

Debby and Sheila

Lichtjestocht - Ecumenical Report



Friday evening before Christmas the churches around the Wilhelminapark (HTC, Wilhelmina- en St Aloysiuskerk) have organized a Lichtjestocht. We found participants in 'De Wilg' and the shopkeepers organization

'Puur Oost'. Not entirely original, because we copied the event from Tuindorp Oost as well as from Houten.

The main goal was to tell the Nativity story in a very accessible way, but more than only a baby, ox and donkey and lovely shepherd boys and angels.

So Caesar August and his wife played their part in HTC alternated by the choir in full dress (angels). In a very modern way Arnold and Ella counted their people by taking a picture of the packed church with the camera in his cell phone. After this sketch people

were asked to follow the trail of nearly 2000 lights set out through the Wilhelminapark. Here they found more displays and heard the next part of the nativity story. Even an angel was showing them the way to Bethlehem. Participants were treated with hot chocolate and krentenbrood. At the Wilhelminakerk the band of the Salvation Army played some carols to get the participants in the Christmas mood whilst on their way to Bethlehem. They met shepherds telling that they had seen angels.

Arriving at Bethlehem (St Aloysiuskerk) they met Joseph and Mary and a sweet baby. Unfortunately due to birds pest we weren't able to borrow livestock from the pets-farm.

We are grateful to the many helpers who put out the thousands of party lights in jars, the shopkeepers who have sponsored our event, the Salvation Army and the choir of Holy Trinity Church. Henk Korff

Classic Cranberry Nut Bread

There have been many compliments heard about the delicious Cranberry Nut Bread we all enjoyed at the Christmas Party and after church at coffee, so here is a copy of the recipe so that we can all enjoy it (before Lent ©). Thank you Sheila and Kirsten!

Preparation time 10 minutes. Cooking time 55 minutes. Makes 1 loaf (16 servings)

Ingredients.

- 2 cups flour
- 1 cup sugar
- 1 and a half teaspoons baking powder
- 1 teaspoon salt
- Half teaspoon baking soda
- Three quarter cup orange juice
- 1 tablespoon grated orange peel
- 2 tablespoons shortening (butter/margarine)
- 1 egg, well beaten
- 1 and a half cups Ocean Spray Fresh or Frozen Cranberries, coarsely chopped
- Half a cup chopped nuts.

Directions.

Preheat oven to 350 degrees F.

Grease a 9 x 5-inch loaf pan.

Mix together flour, sugar, baking powder, salt and baking soda in a medium mixing bowl. Stir in orange juice, orange peel, shortening and egg. Mix until well blended. Stir in cranberries and nuts. Spread evenly in loaf pan.

Bake for 55 minutes or until a sharp knife inserted in the centre comes out clean. Cool on a rack for 15 minutes. Remove from pan; cool completely. Wrap and store overnight. Makes 1 loaf(16 slices).

Per serving (1 slice) Calories 211, Fat Calories 54. Protein 3g, Carbohydrate 37g, Fat 6g, Cholesterol 18 mg.

Poem by Oeke Kruythof

Oeke has sent me another short poem for the newsletter, welcome back Oeke!

The little things of Love

Father, mother, foreigners
Two children, two young girls

Their coats were lovingly and carefully buttoned up on this windy corner of the empty square

My parents did exactly the same thing Seventy years ago for my sister and me

The little things of Love are everywhere and forever

Translation /transcreation Jenny Narraway

Liefde in het Klein

Vader moeder allochtoon Twee kinderen Twee kleine meisjes

Hun jasjes worden
Zorgzaam liefdevol
dichtgeknoopt op
dit winderige hoekje
van het kale plein

Precies hetzelfde deden mijn ouders vast en zeker zo'n zeventig jaar geleden bij mijn zusje en bij mij

Liefde in het klein is van altijd en overal

THE PRAYER CHAIN

Our chaplaincy reaches out to God in prayer to hold up the chaplaincy and its members in particular need. If you have requests for the prayer chain, or if feel called to take part in this ministry of intercession, please call Anne Miechielsen.

Anne organizes and participates in this ministry at Holy Trinity Church in Utrecht. She can be reached by telephone at 030 220 5049.



IF THIS WAR WILL EVER END? ALS DEZE OORLOG OOIT NOG EINDIGT?

Simon Urghart



Leading up to the 70th anniversary of the end of World War II the NS Orchestra and Toonkunstkoor Utrecht will perform a unique concert around Memorial Day 2015 on 1,2+3 May,

at the Railway Museum, giving reflection on this time in our history. You may also have seen the article on the "Joods Monument" that is to be unveiled at the Museum (Dec 2014 Newsletter).

The concerts will show a heartfelt tribute to the people who suffered, but also a call to prevent another occurrence. We have Freedom, but it does not remain by itself!

Built around the Requiem for Man and the Mauthausen Song Cycle, these compositions are for large choir and orchestra with instrumental interludes that include Schindler's List and Hymn to the Fallen. The English lyrics are about war, peace, death, fear, hope, and a tribute to all those who have suffered.

A concert that reverberates through every fibre of your body and lingers. With the Railway as a backdrop and a special staging this is a concert not to be missed.

Requiem for Man by Rob Goorhuis, is a composition for mixed choir and orchestra dealing with the four major wars of the last century: the First and Second World Wars, the war in Cambodia and the war in the former Yugoslavia. The composition is based on texts by André van Zwieten.

The Mauthausen Song Cycle was written by the Greek composer, Theodorakis and is based on the life story of Lakovos Kambaellis who was imprisoned in Mauthausen concentration camp during World War II. The songs were translated in 1968 by Lenneart Nijgh and still sung by Liesbeth List. This project has a new arrangement written by Rob Goorhuis.



The programme:

- Antarctica (Carl Wittrock)
- Requiem for Man (Rob Goorhuis)
- Song for Sakiko (Bert Apperment)
- Esther (Rogier van Otterlo)
- Prima Luce (Jan van der Roost)
- Schindler's List (John Williams) with soloist: Ilka van der Plas (violin)
- Hymn to the Fallen (John Williams)
- Mauthausen Lieder (Mikis Theodorakis / Rob Goorhuis)

Date and times:

Friday, 1 May 2015 Saturday, 2 May 2015 Sunday, 3 May 2015

(commencement 20:00 doors open 19:30)

Tickets: €15.00

(Ticket sales start in February 2015) 🌠

Christian Education in February

BIBLE STUDIES IN FEBRUARY

We continue with studying the life of women from the Old Testament. The study takes place in the Utrecht Parsonage starting at 20 hours. Coffee or tea at 19.45, end time is 21.45.

A structure can be: what can we learn from the life and acting of these women for:

- 1. our private life as Christians,
- 2. as Holy Trinity community,
- 3. as part of a worldwide Church expressing and on her way to the Kingdom of God,
- 4. for our service to the world?

Coming sessions:

Tuesday Feb 10 Deborah and Hannah Tuesday Feb 24 Bathsebah and Esther





For personal preparation you might use material from one of these websites:

- http://www.womeninthebible.net/
- http://www.oldpaths.com/Archive/Johnson/ Edna/Elizabeth/1939/BibleWomen-OT.pdf
- http://www.wordlibrary.co.uk/bible/women/
- https://www.blueletterbible.org/wm/indexTa bWom.cfm

Everybody is very welcome. Let us have together, as Christians, as brothers and sisters in the Lord, a fruitful growth in being Christ's Church!

Danielle Los - 030 236 8572 Hans Baars - ebaars@planet

STUDENT BIBLE STUDY UTRECHT

A monthly study group for students continues its investigation of the virtues.

On **Tuesday February 3 at 18.15** a student will lead the Student Bible Study Group, considering **the Virtue of Temperance**.

This is also the focus of the theme being

reflected on in talks at the Saturday night Prayer and Praise services. A special guest will preach on Temperance on February 14 at 19.30 at Holy Trinity Church.

If you are interested please contact Jonathan for the location and if you have any other questions at:

06 20 96 16 78 or

j finkjensen@hotmail.com \$\mathcal{S}\$

Christian Education February to April

Student Alpha Course 2015



Holy Trinity Anglican Church is hosting a Student Alpha Course on Thursday nights from February-April 2015. The course consists of seven consecutive Thursday evenings and a weekend (see below for the dates). We have supper together beginning at 6:30pm, then listen to a 30 minute talk about some core aspect of the Christian faith and we follow that with an open discussion where all questions and thoughts are welcome. The expectation is to wrap up each night around 9pm, after which you are free to stay for a drink.

What is Student Alpha? Here's a description from the website: Student Alpha is a seven week course introducing people to the Christian faith. Over the last ten years Student Alpha has proved to be one of the most effective tools for adults to explore the Christian faith, with over 600 courses now running worldwide. Its simple format contains the same material as 'classic' Alpha, except that it's been 'squeezed' (into seven weeks), 'squashed' (into thirty minute talks) and 'spiced' (with multi-media ingredients).

The subjects for each of the 7 weeks were as follows:

- Thursday February 19 Talk 1: Who is Jesus?
- Thursday February 26 Talk 2: Why did Jesus die?
- Thurs March 5

 Talk 3: How can I have faith?
- Thursday March 12

 Talk 4: Why & how do I pray?
- Thursday March 19 Talk 5: Why and how should I read the Bible?
- Friday-Sunday 20-22 March:
 Alpha weekend on the Holy Spirit and Gods guidance
- Thursday March 26 Talk 6: What about evil and does God heal today?
- Thursday April 2

 Talk 7: What about the Church and telling others?

Contact Jonathan Fink-Jensen for more information or if you would like to attend: 06 20 961 678 j_finkjensen@hotmail.com

All students are most welcome!



For a video on Alpha see: www.alpha.org.



A Digital Retreat for Lent

This helpful suggestion comes from Marjolein Povel.

This past Advent I participated in the digital retreat "Costly in my eyes" organized by the Jesuits. Over 7000 people from 850 cities and villages in about 60 countries formed a large praying community. Every day at 6 o'clock (so you could take it with you during the night) I received an email with food for prayer based on Scripture and inspired by Ignatian Spirituality. The subjects covered during the 4 weeks were: 1) I love you; 2) Do not be afraid; 3) I am going to do something new; and 4) It is already germinating.

The material could easily be read on your laptop, tablet and smartphone. Printing the material was no trouble. So it didn't make any difference whether you were at home, in a chapel or using public transport. Regularly we received "Faith impulses", quotations from e.g. the Church Fathers and suggestions how to pray. The digital and physical world came together. Sharing was possible through a guestbook (I was touched by the way we were united), but there were also groups in The

Netherlands and in Flanders. If you wanted to make your own group you could find instructions to that end on the site as well. I experienced this retreat as intense and very deep. The reflections took me much more time then I had expected considering the mostly limited size of the texts of Scripture.

During this coming Lent from February 18 onwards the Jesuits will start a new retreat, "Eternal is his Faithfulness", found at: www.ignatiaansbidden.org.

To complete my information, they will launch in the Spring a 12 minute podcast with meditation through speech and music, which you can find at: www.biddenonderweg.org (see pray as you go).

For further information please see www.gewijderuimte.org and www.SacredSpace.ie

Last, but not least, all this was and is offered to us for free.

Christian Classics Study Group this March

The Consolation of Philosophy Friday March 6, 6:30pm



The next text we are considering is a famous (small!) work by Boethius from the 6th century. Boethius was a Christian

advisor to Emperor Theodoric, but was wrongly accused by envious rivals of treason. He was convicted and, while waiting in prison to be executed, he wrote this important work, one of the most widely read books after the Bible by scholars in the West for 1000 years.

Boethius ponders two important questions for people of faith: if God is all powerful and all loving, why do the righteous suffer? and, if God has all knowledge of the future does that take away our free will? He uses prose and poetry in a dialogue between himself and Lady Wisdom in a work full of hope.

More information is now available on this great work, a suggested translation, and other resources on our website.

We begins with dinner at 6:30pm, discussion 8 to 9:30, concluding with fellowship. All ar welcome, please let Hanna know if you're coming so we can plan the dinner: administration@holytrinityutrecht.nl



SEEING AND UNDERSTANDING

Many people had seen the steam lift the lid of a kettle, but it took a James Watt to see it and go on to think of that power becoming a steam engine. It is all a matter of how we see things. We could see something a thousand times and not make the connection.

Jesus explained why he taught parables, stories that explain some-thing in simple ways to do with everyday life that people of the time would recognise. He explained that it was because people look seeing, and without listen without understanding (Matthew chapter 13, verses 13-14).

We all do this, and that is why we need other people to help us learn more about what the stories in the Bible mean. People who can explain and help us to see with 'new eyes'.



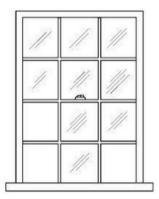
SEEING THE WORDS

All the words hidden in this word-search are things you see with or look at:

S P E C T A C L E S
L E C T E V I D Y C
G E A G L E O P E E
S W N A E P B S S N
E A K S V I D E O E
S T C L I C E L F O
S C O O S T G G R W
A H L O I U O G E E
G A M E N E U G O V

* clock * eyes * game * glasses * goggles * lens * picture * scene * spectacles * television * video * view * watch

What gadget do we use to see through a wall?



Optician: What can you see out

of the window?

Patient: Only the sun.

Optician: How far do you want

to see, then?

Optician: You need glasses. **Patient:** But I'm wearing

glasses.

Optician: Then I need glasses.



Council decides in favour of Amersfoort church plant...and celebrates! January 21, AD 2015

Drinking from the Well of Life

Septuagesima – February 2 to 7

O LORD, we beseech you favourably to hear the prayers of your people; that we, who are justly punished for our offences, may be mercifully delivered by your goodness, for the glory of your Name; through Jesus Christ our Saviour, who is alive and reigns with you and the Holy Spirit, ever one God, world without end. Amen.

	Morning Prayer		Evening Prayer	
Monday	Genesis 3	Matthew 15:29—16:12	Genesis 4:1-16	Romans 1
Epiphany	Genesis 6:5-end	Matthew 16:13-end	Genesis 7	Romans 2
Wednesday	Genesis 8:1-14	Matthew 17:1-23	Genesis 8:15—9:17	Romans 3
Thursday	Genesis 11:1-9	Matthew 17:24—18:14	Genesis 11:27—12:10	Romans 4
Friday	Genesis 13	Matthew 18:15-end	Genesis 14	Romans 5
Saturday	Genesis 15	Matthew 19:1-15	Genesis 16	Romans 6

Sexagesima – February 9 to 14

O LORD God, who sees that we do not put our trust in any thing that we do: Mercifully grant that by your power we may be defended against all adversity; through Jesus Christ our Lord. Amen.

	Morning Prayer		Evening Prayer	
Monday	Genesis 17:1-22	Matt 19:16—20:16	Genesis 18	Romans 7
Tuesday	Gen 19:1-3,12-29	Matthew 20:17-end	Genesis 21	Romans 8:1-17
Wednesday	Genesis 22:1-19	Matthew 21:1-22	Genesis 23	Romans 8:18-end
Thursday	Genesis 24:1-28	Matthew 21:23-end	Genesis 24:29-end	Romans 9
Friday	Gen 25:7-11,19-end	Matthew 22:1-33	Gen 26:1-5,12-end	Romans 10
Saturday	Genesis 27:1-40	Matt 22:34—23:12	Gen 27:41—28 end	Romans 11

Quinquagesima – February 16 to 21

O LORD, who has taught us that all our doings without charity are worth nothing: Send your Holy Spirit, and pour into our hearts that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever lives is counted dead before you: Grant this for your only Son Jesus Christ's sake. Amen.

	Morning Prayer		Evening Prayer	
Monday	Genesis 29:1-20	Matthew 23:13-end	Gen 31:1-9,14-21	Romans 12
Tuesday	Gen 31:22—32:2	Matthew 24:1-28	Genesis 32:3-30	Romans 13
Ash Wednesday	Isaiah 58	Mark 2:13-22	Jonah 3	Hebrews 3:12—4:13
Thursday	Genesis 33	Matthew 24:29-end	Genesis 35:1-20	Romans 14
Friday	Genesis 37	Matthew 25:1-30	Genesis 40	Romans 15
Saturday	Genesis 41:1-40	Matthew 25:31-end	Genesis 41:41-end	Romans 16

First Sunday in Lent – February 23 to 28

O LORD, who for our sake did fast forty days and forty nights:

Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey your godly motions in righteousness and true holiness, to your honour and glory, who is alive and reigns with the Father and the Holy Spirit, one God, world without end. Amen.

	Morning Prayer		Evening Prayer	
Monday	Genesis 42	Matthew 26:1-30	Genesis 43	Philippians 1
Tuesday	Genesis 44	Matthew 26:31-56	Genesis 45:1-15	Philippians 2
Wednesday	Gen 45:16—46:7	Matthew 26:57-end	Gen 46:26—47:12	Philippians 3
Thursday	Genesis 47:13-end	Matthew 27:1-26	Genesis 48	Philippians 4
Friday	Genesis 49:1-32	Matthew 27:27-56	Gen 49:33—50 end	Colossians 1:1-20
Saturday	Exodus 1:1-14,22-2:10	Matt 27:57—28 end	Exodus 2:11-22	Col 1:21—2:7

Second Sunday in Lent – March 2 to 7

Almighty God, who sees that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

	Morning Prayer		Evening Prayer		
Monday	Ex 2:23—3 end	John 1:1-28	Exodus 4:1-23	Colossians 2:8—3:11	
Tuesday	Ex 4:27—6:1	John 1:29-end	Ex 6:2-13 & 7:1-7	Colossians 3:12—4:1	
Wednesday	Exodus 7:8-end	John 2	Exodus 8:1-19	Colossians 4:2-end	
Thursday	Ex 8:20—9:12	John 3:1-21	Exodus 9:13-end	Philemon	
Friday	Exodus 10:1-20	John 3:22-end	Ex 10:21—11 end	Ephesians 1	
Saturday	Exodus 12:1-20	John 4:1-26	Exodus 12:21-36	Ephesians 2	

WORSHIP IN FEBRUARY

9:00 Sung Communion (English)

11:00 All Age Worship Communion (English)

Zwolle 16:00 Sung Communion

Sunday 8th February Sexagesima

9:00 Sung Communion (Dutch/Eng) 11:00 Sung Communion (English)

14:30 Choral Evensong

Saturday 14th February Prayer and Praise

19:30 Service of the Word with Gospel Band

Guest Preacher: On the virtue of Temperance

Sunday 15th February **Quinquagesima**

9:00 Sung Communion (Dutch/Eng) 11:00 Choral Communion (English)

Zwolle 16:00 Sung Communion

followed by a Zwolle Congregational Meeting

Wednesday 18th February **Ash Wednesday**

20:00 Imposition of Ashes and Holy Communion

Sunday 22nd February First Sunday in Lent

9:00 Sung Communion (Dutch/Eng) 11:00 Choral Communion (English)

20:00 Holy Communion (said in English)

In addition to the above services we normally offer at Holy Trinity Utrecht:

Daily: Morning Prayer (Tuesday to Friday 8.00; Saturday 9.00) and

Evening Prayer (Tuesday to Friday 17.30; Saturday 17:00)

Weekly: Holy Communion (said) (Wednesday at 19.00) (20.00 on Wed 18 February)